

William Herring, M.D. © 2004

# Obstructive Lesions

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or click left mouse button**

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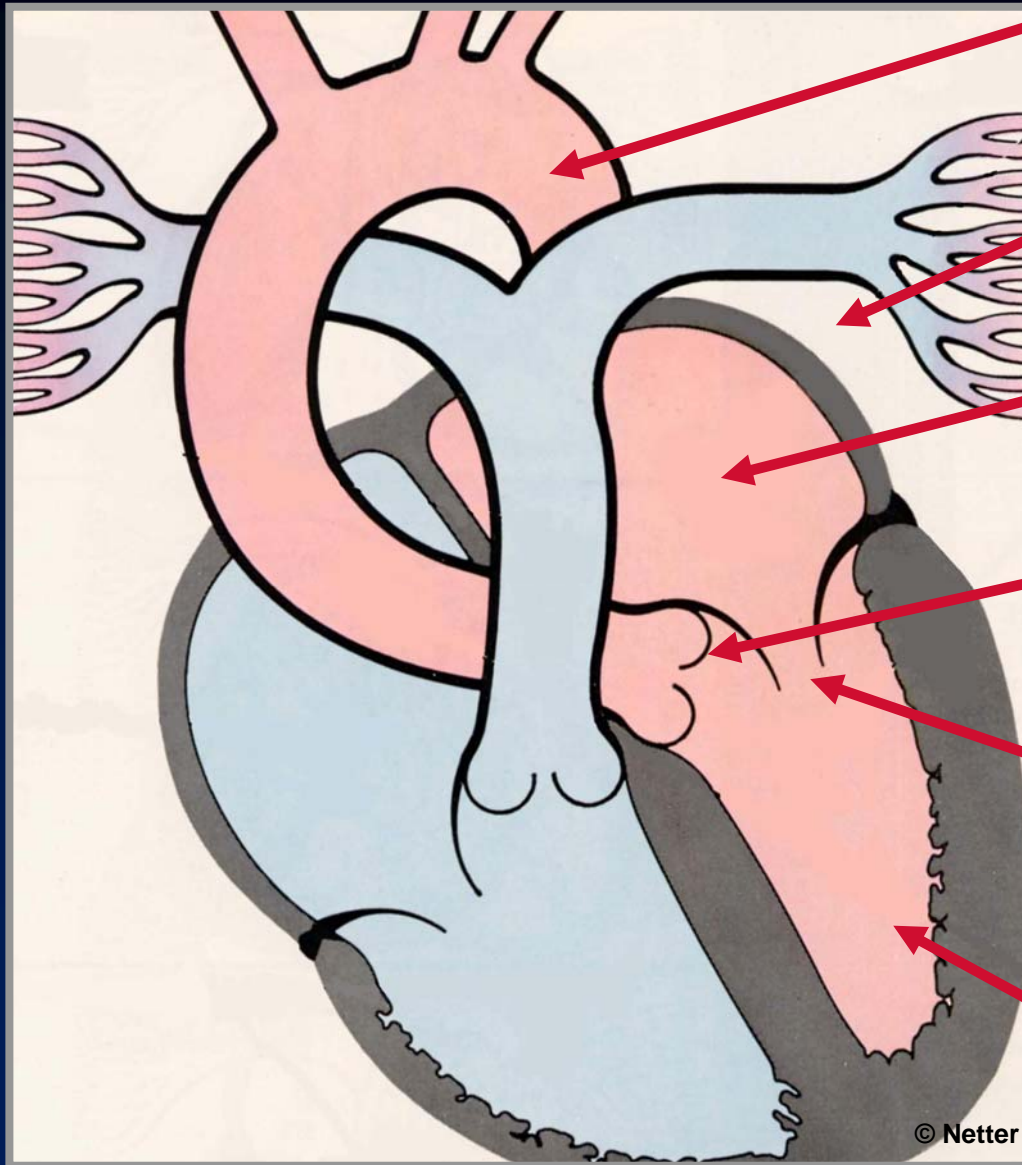
# Lesions That Cause CHF

# **CHF In Newborn**

## **Impede Return of Flow to Left Heart**

- **Infantile coarctation**
- **Congenital aortic stenosis**
- **Hypoplastic left heart syndrome**
- **Congenital mitral stenosis**
- **Cor triatriatum**
- **Obstruction to venous return from lungs**
  - **TAPVR from below diaphragm**

# Causes of CHF in the Newborn



**Coarctation of the Aorta**

**Obstruction to venous return from lungs**

**Cor Triatriatum**

**Congenital Aortic Stenosis**

**Congenital Mitral Stenosis**

**Hypoplastic Left Heart**

# Diagnosing CHF in a Newborn

- Usually have cardiomegaly
- Ill-defined bronchovascular bundles
- Flattening of diaphragm
  - Air hunger
- Rare
  - Kerley B lines
  - Pleural effusions



# **CHF In Chronologic Sequence**

# Commonest Cause of CHF In Chronologic Sequence

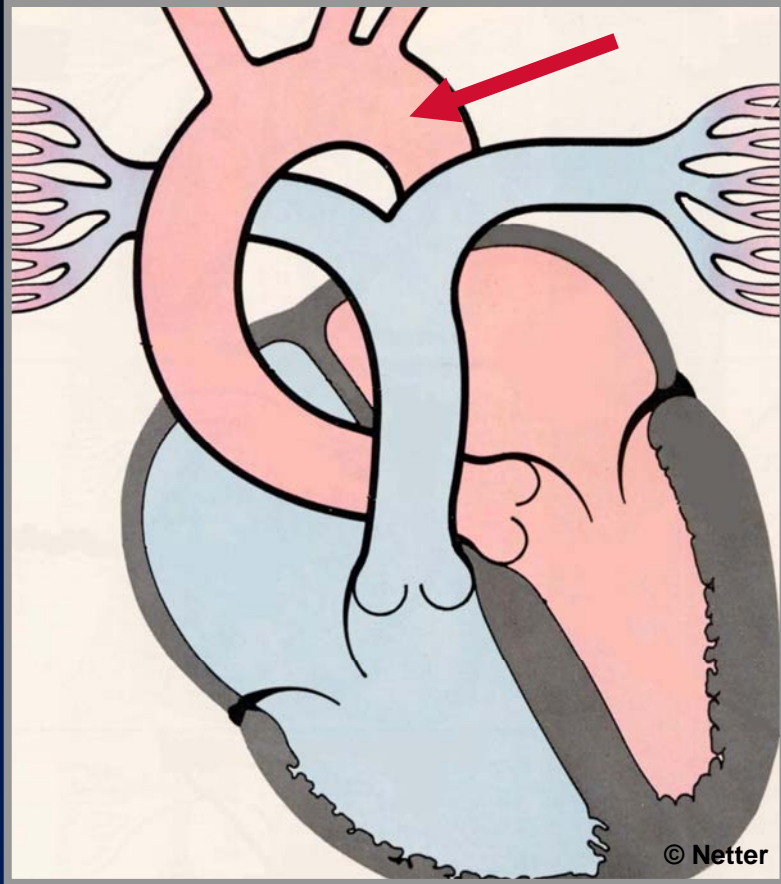
**< 24 hrs**.....Intrauterine arrhythmia

**First week**..... Hypoplastic Left Heart Syndrome

**2-6 weeks**..... Infantile coarctation

**1-4 months**..... Large L → R shunts

*VSD, ASD, PDA, AV Canal*



# Coarctation Of the Aorta



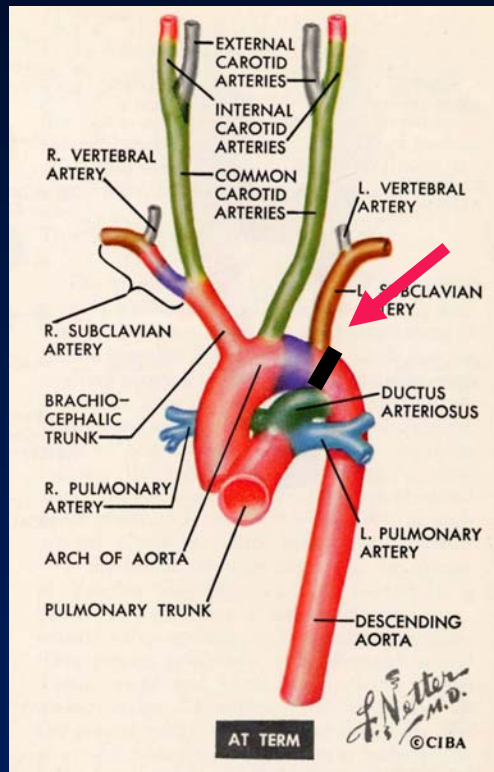
# Coarctation of the Aorta

## General

- 2X more common in males
- Common classification
  - Infantile or preductal form
  - Adult or juxtaductal form
- Relationship of ductus to coarct affects clinical picture

# Coarctation of the Aorta

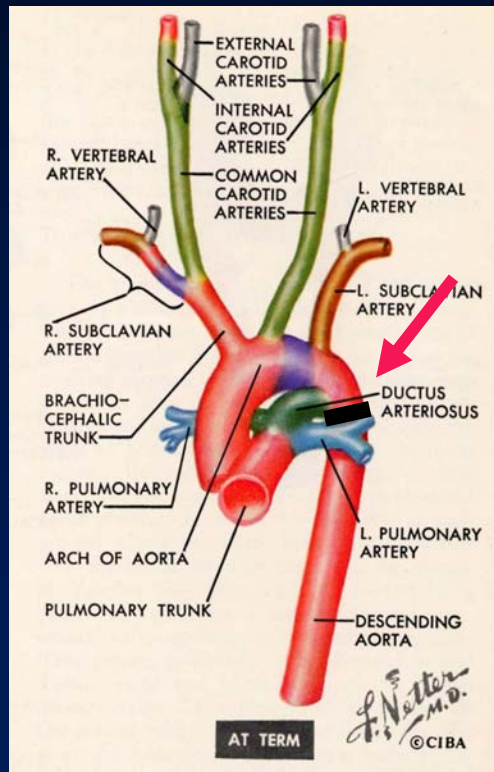
## Coarctation Proximal to Ductus



- Flow is frequently from PA to Ao through Ductus
- Cyanosis in lower half of body as
  - Unoxygenated blood from PA feeds lower extremities
- Oxygenated blood from LV goes to major vessels of head and neck
  - Not cyanotic

# Coarctation of the Aorta

## Coarctation Distal to Ductus



- Flow is initially from Ao to PA (L → R shunt)
- If there is Eisenmenger's physiology, the flow reverses and goes from PA → Ao (R → L shunt)
- Cyanosis
- More common form

# **Coarctation of the Aorta**

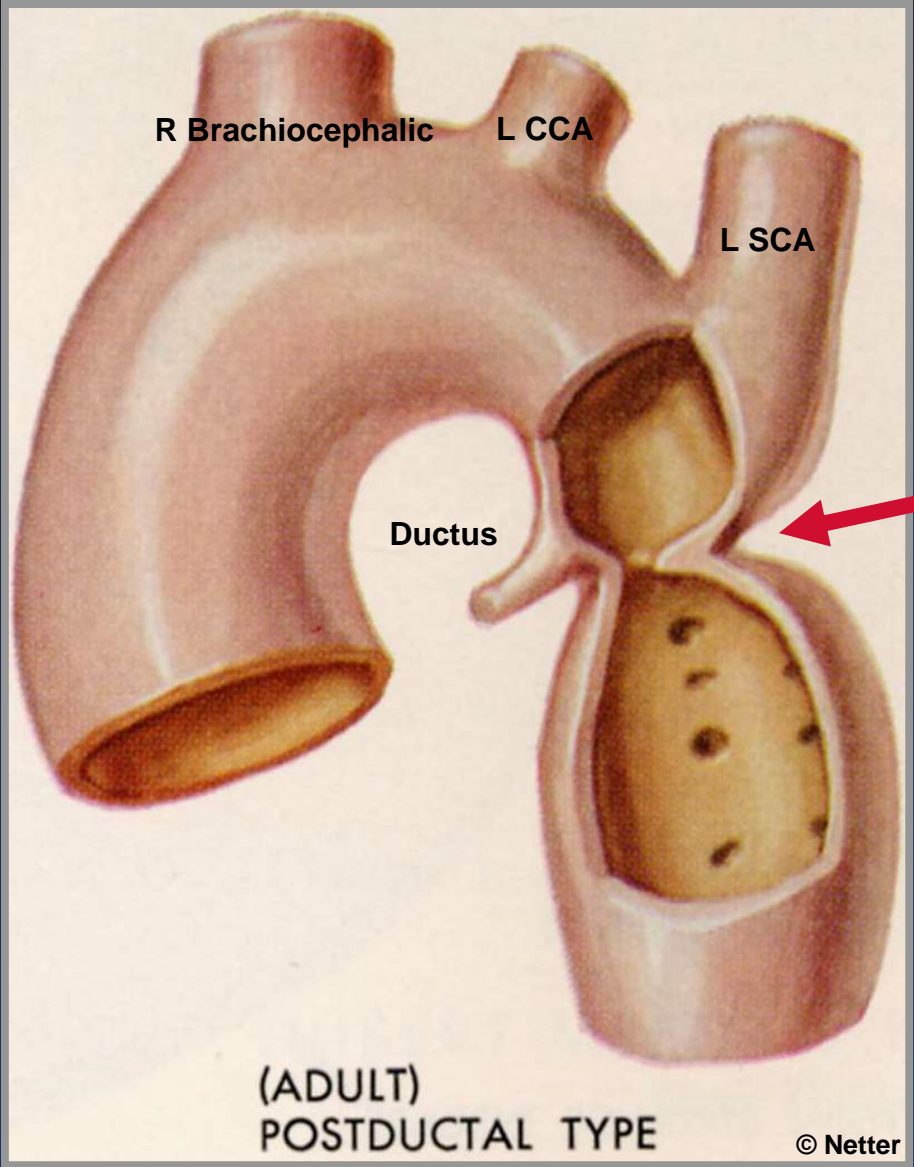
## **Other Classifications**

- **More complicated classifications take following into account**
  - **Location and length of coarct**
  - **Patency of ductus arteriosus**
  - **Relationship of coarct to ductus**

# **Coarctation of the Aorta**

## **Adult Form**

- **Adult or juxtaductal (postductal) form is more common than infantile**
- **Usually localized**
- **Area of coarctation just beyond origin of LSCA at level of ductus**





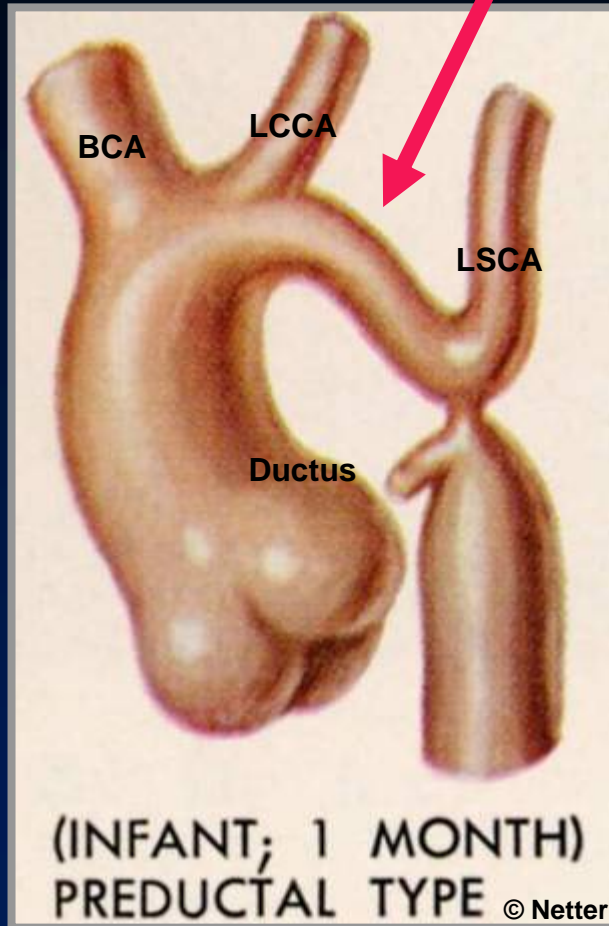
**Coarctation of the Aorta**

# Coarctation of the Aorta

## Infantile Form

- Infantile, preductal form = diffuse type
- Long, tubular segment of narrowed aorta
  - From just distal to brachiocephalic artery to level of ductus
- Intracardiac defects (VSD, ASD, deformed mitral valve) present in 50% of diffuse type
  - Also patent ductus arteriosus





# Coarctation of the Aorta

## Associated Defects

- Bicuspid aortic valve (most common associated defect seen in 50%)
- VSD
- ASD
- Transposition
- 25% of patients with Turner's Syndrome have coarctation of aorta

# Coarctation of the Aorta

## Shone Syndrome

- Coarctation of aorta
- Aortic stenosis
- Parachute mitral valve
- Supravalvular mitral ring

# **X-Ray Findings**

## **Rib Notching**

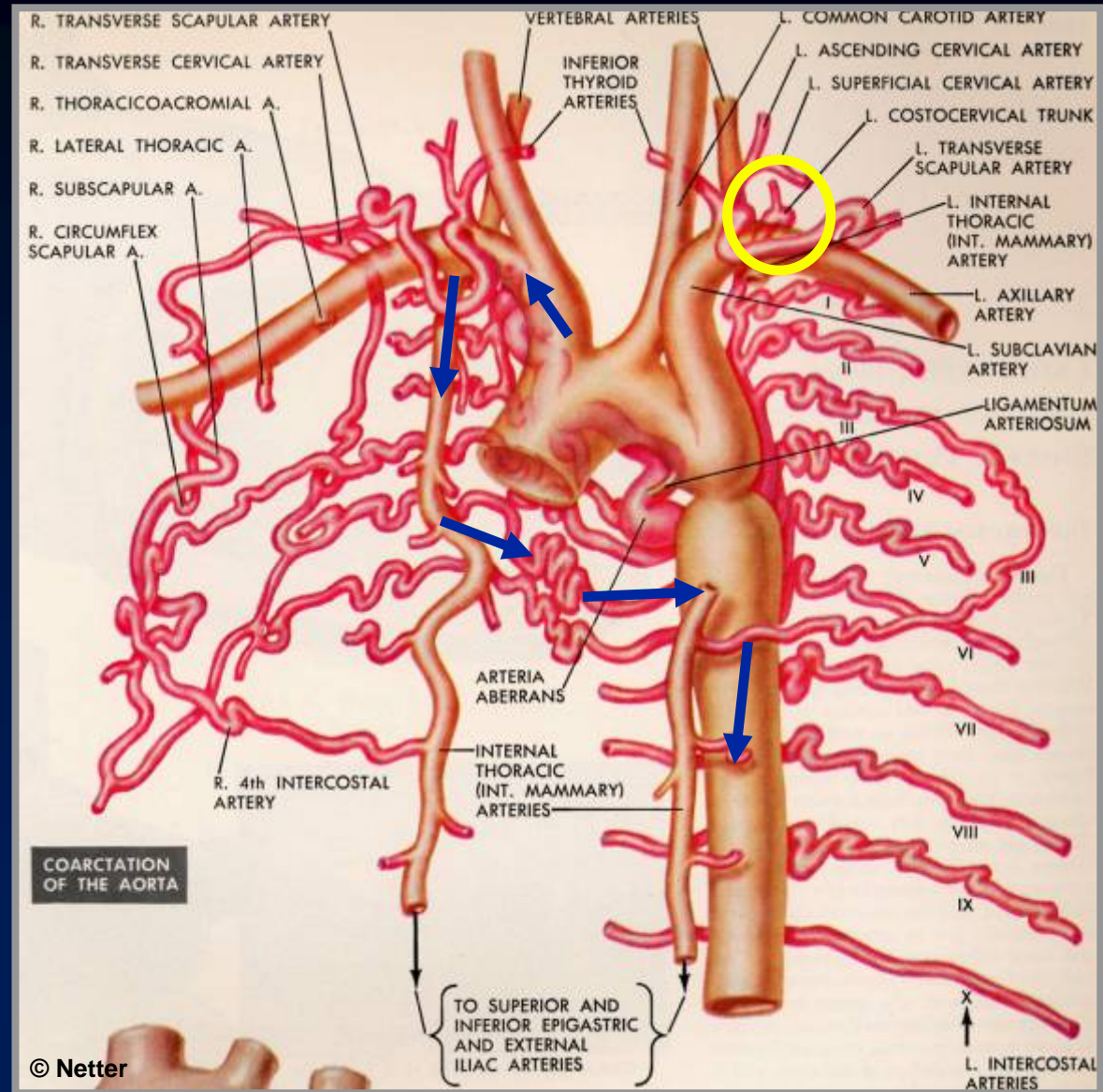
- **Single best sign**
- **Older the person, more likely to have rib notching (uncommon <6 yrs)**
- **Majority with coarcts display it >20 years of age**
- **Rib notching occurs in high pressure circuit**

# Coarctation of the Aorta

To supply aorta distal to ductus, flow in the 3<sup>rd</sup>-8<sup>th</sup> intercostals reverses

Blood flows from subclavian → internal mammary → intercostals → aorta

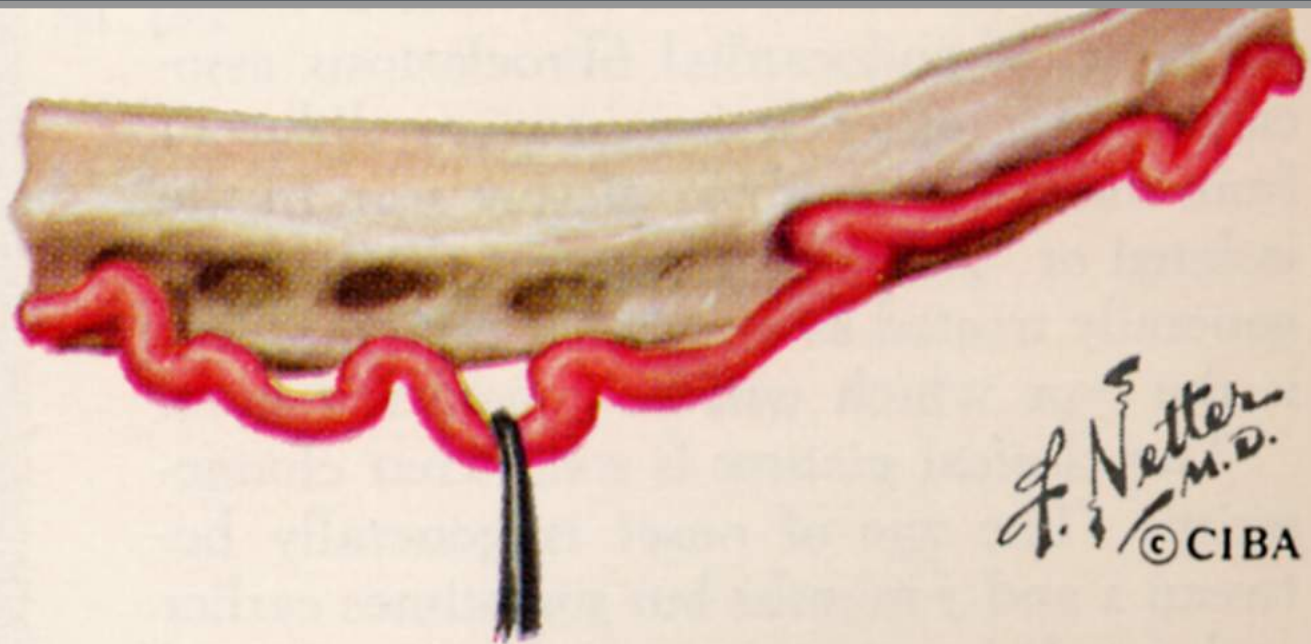
First two intercostals arise from costocervical trunk and do not serve aorta



# **X-Ray Findings**

## **Rib Notching**

- **Most often involves 4th-8th rib**
  - **Sometimes may involve 3rd and 9th**
- **Does not involve 1st and 2nd ribs**
  - **Intercostals come off costocervical trunk and do not supply collateral flow to descending aorta**
    - ▲ **4th-8th do anastomose with internal mammary to form collaterals for descending aorta**

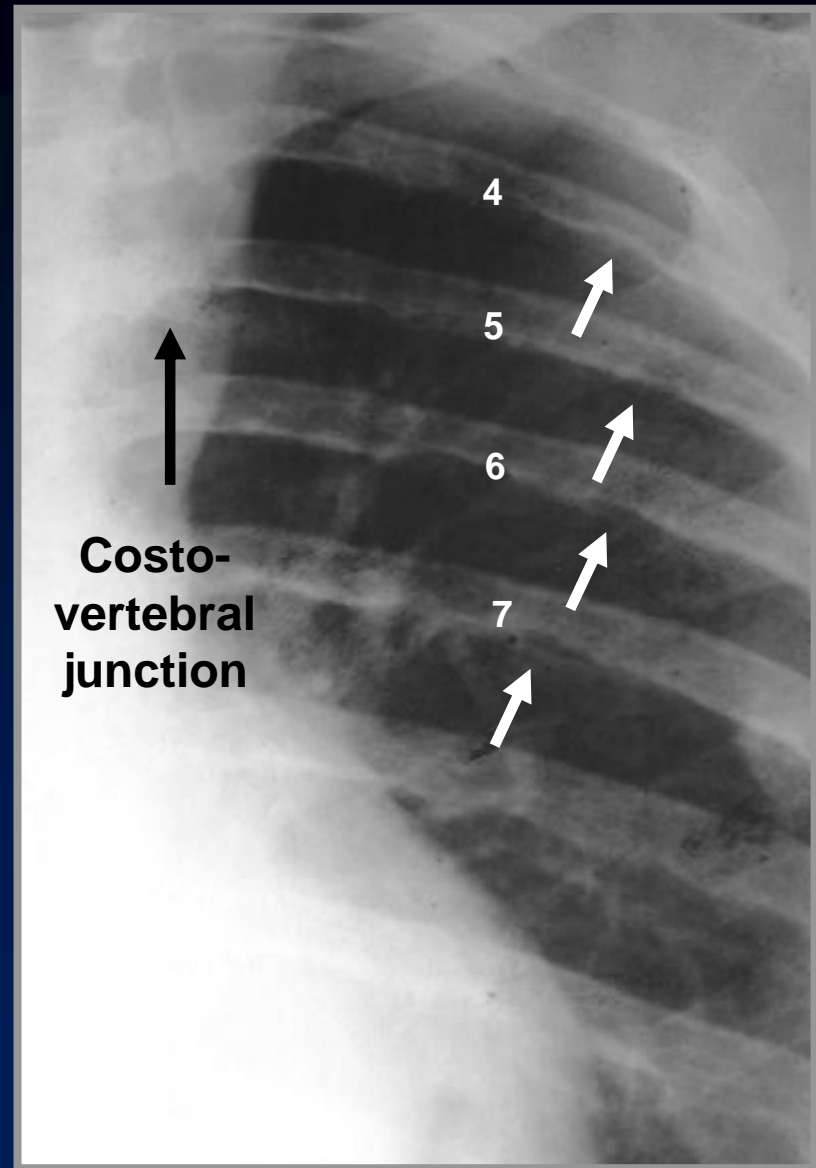
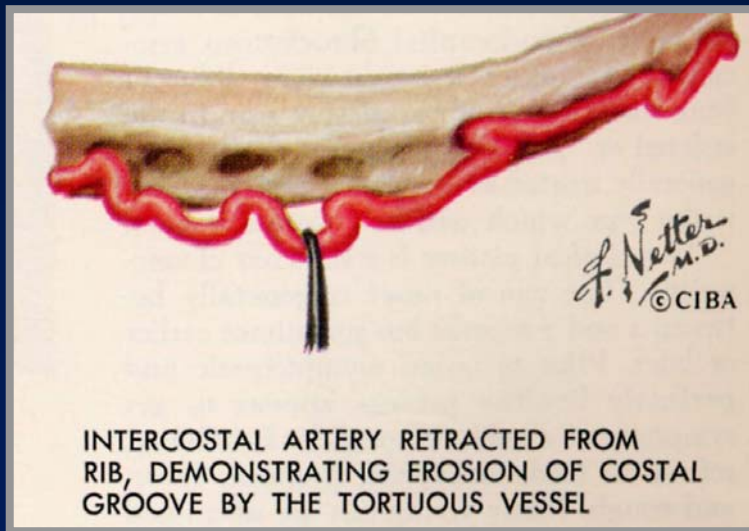


INTERCOSTAL ARTERY RETRACTED FROM RIB, DEMONSTRATING EROSION OF COSTAL GROOVE BY THE TORTUOUS VESSEL



# Rib Notching in Coarctation

Regresses after coarct is repaired





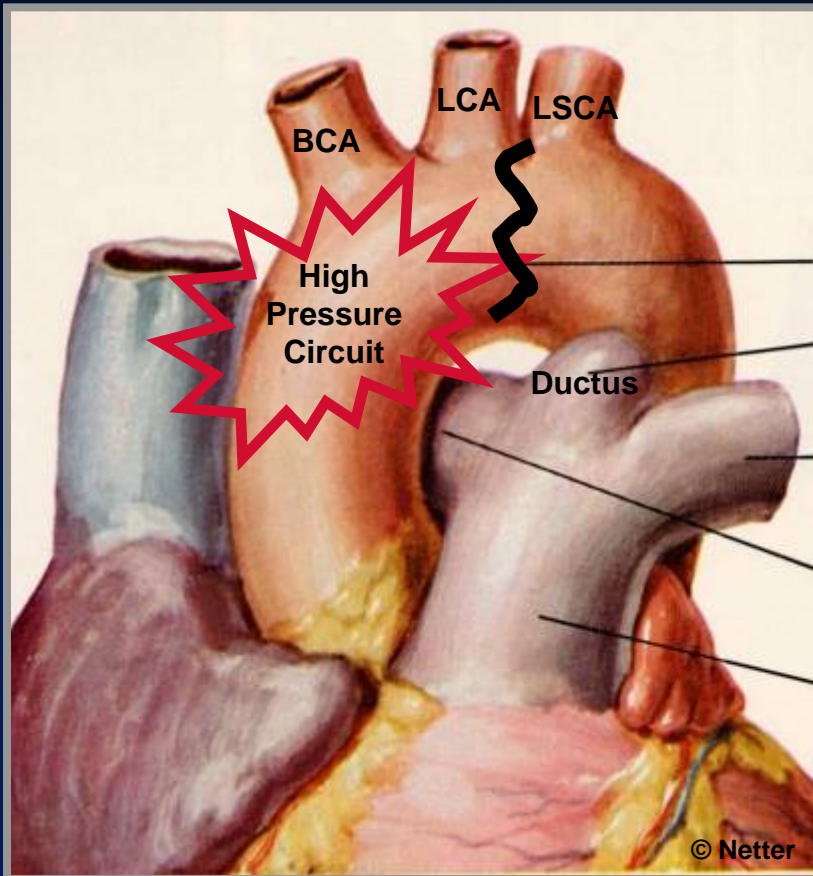
# **X-Ray Findings**

## **Rib Notching–Unilateral**

**Rib notching occurs in the high  
pressure circuit**

# X-Ray Findings

## Unilateral Right Rib Notching



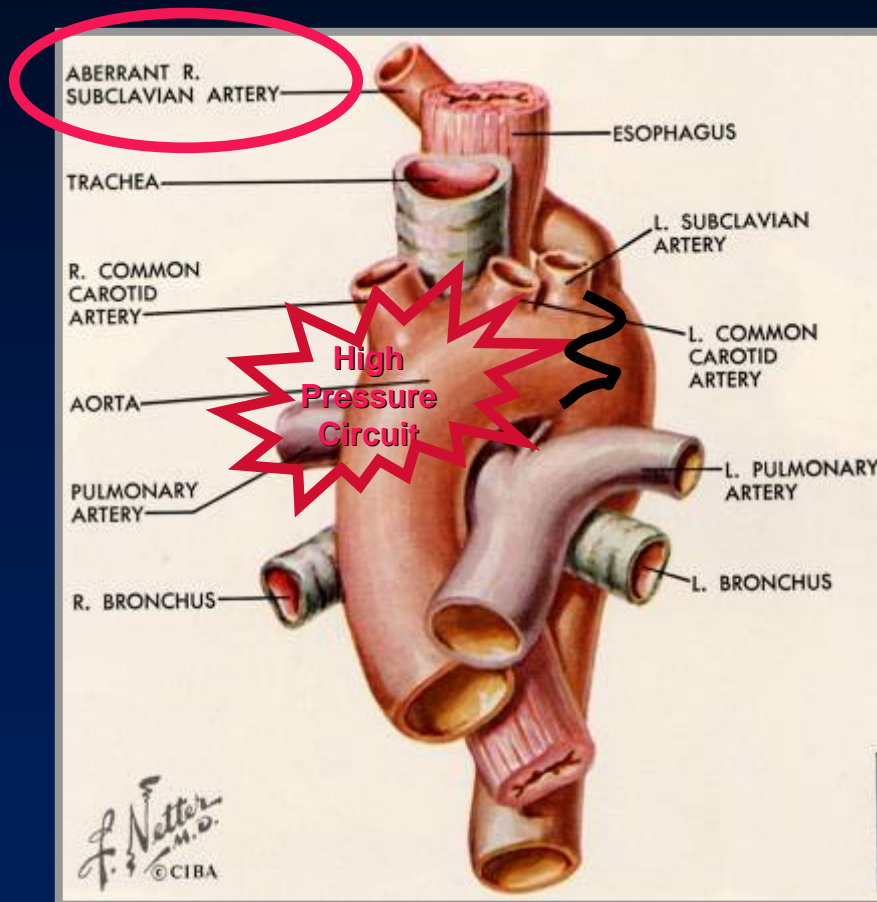
**Notching occurs in the high pressure circuit**

**Isolated right-sided rib notching**

**Coarct originates between the LCCA and the LSCA**

# X-Ray Findings

## Unilateral Left Rib Notching



Notching occurs in the high pressure circuit

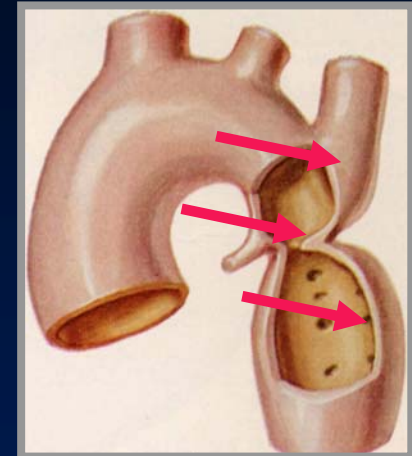
Isolated left- sided rib notching

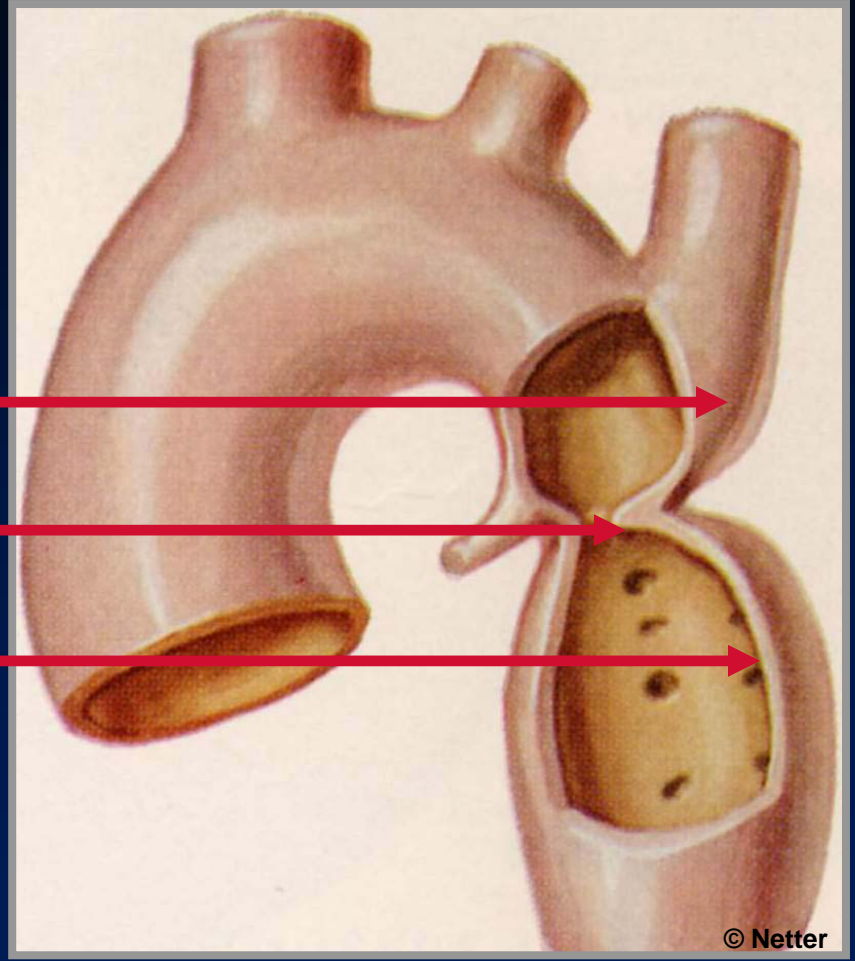
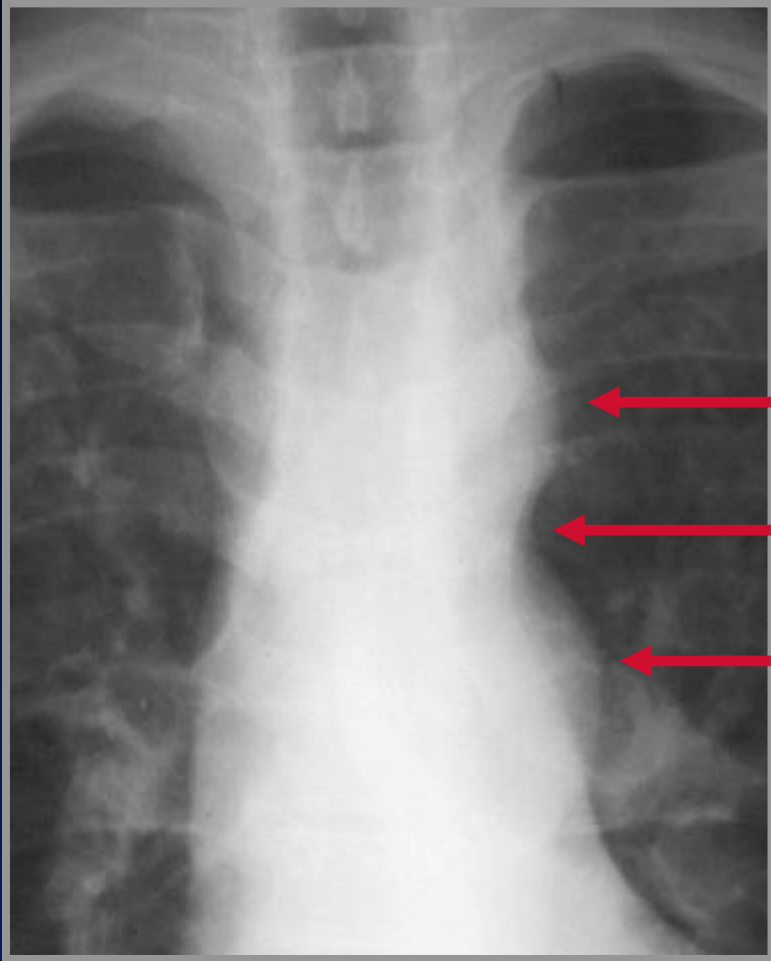
Anomalous RSCA originates distal to site of coarct

# X-Ray Findings

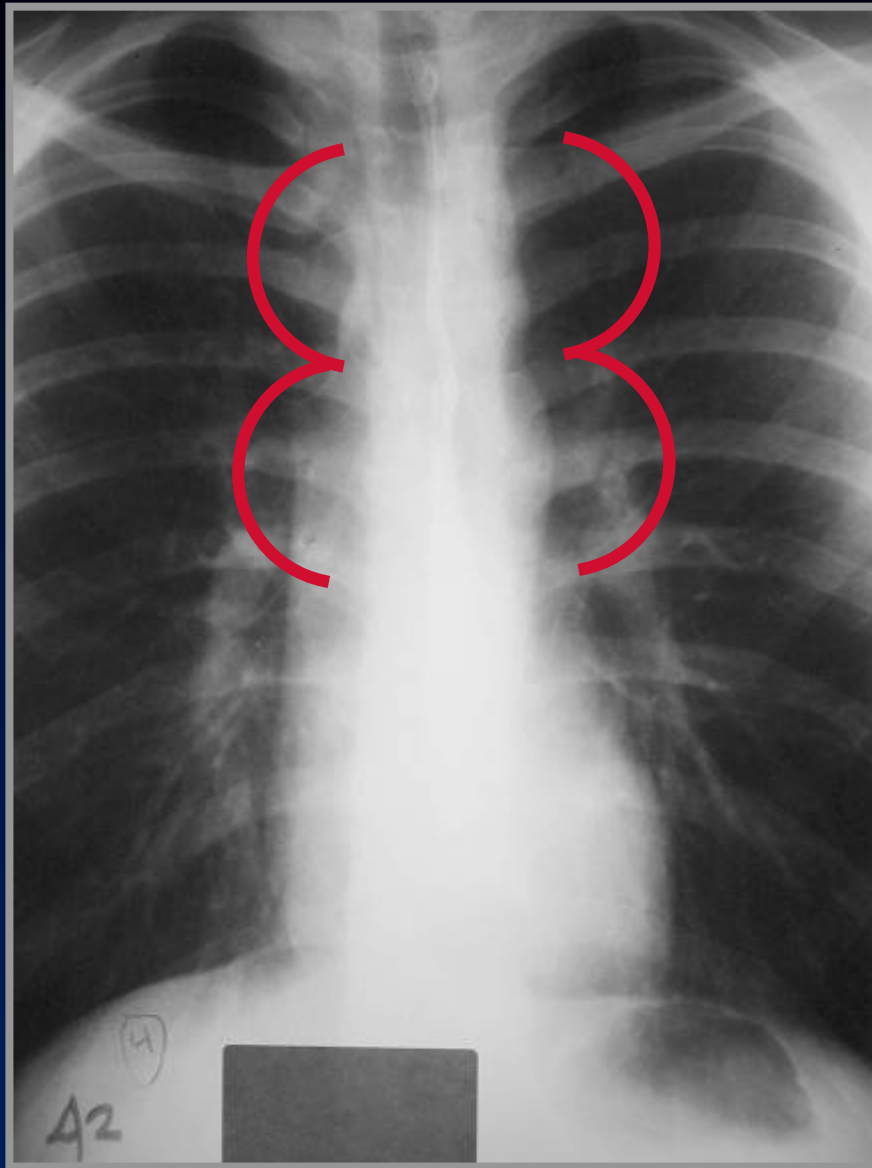
## Figure 3 Sign

- **Caused by (in order)**
  - Dilated LSCA or aortic knob
  - “Tuck” of coarct itself
  - Poststenotic dilatation
- **Occurs in 1/3–1/2 of patients with coarct**
  - Not in children
- **Matched by “reverse 3” or “E” on barium-filled esophagus**





**Reverse 3 sign  
on barium filled  
esophagus**



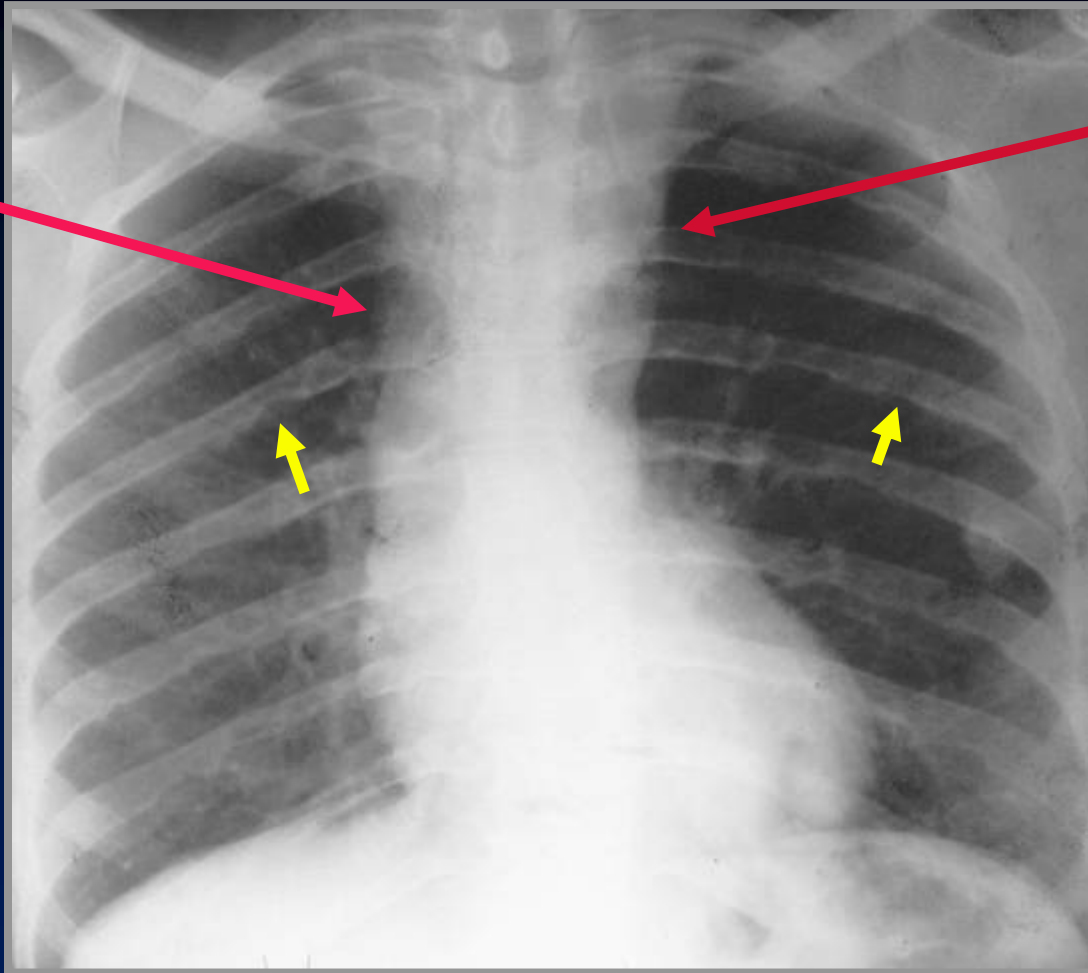
**“Figure 3 sign”  
caused by  
coarctation**

**Coarctation of the Aorta**

# X-Ray Findings Continued

- Convexity of left side of mediastinum just above aortic knob 2° to
  - Dilated aorta proximal to coarct, or
  - Dilated LSCA
    - ▲ May be congenital or may be 2° to ↑ pressure
- Convexity of ascending aorta in 1/3
  - May be normal or small in others

**Ascending  
Ao may be  
dilated,  
normal or  
small**



**Convexity  
above aortic  
knob due to  
dilated LSCA  
or Aorta  
proximal to  
coarct**

**Coarctation of the Aorta**



# **Coarctation of the Aorta**

## **Clinical Findings–Infancy**

- **Severe CHF most common from 2nd to 6th week of life**
- **Weak or absent leg pulses**
- **Lower BP in the legs than in the arms**
- **EKG: RV hypertrophy because RV assumes most of the cardiac output during fetal life in these patients**

# **Coarctation of the Aorta**

## **Echocardiographic Findings**

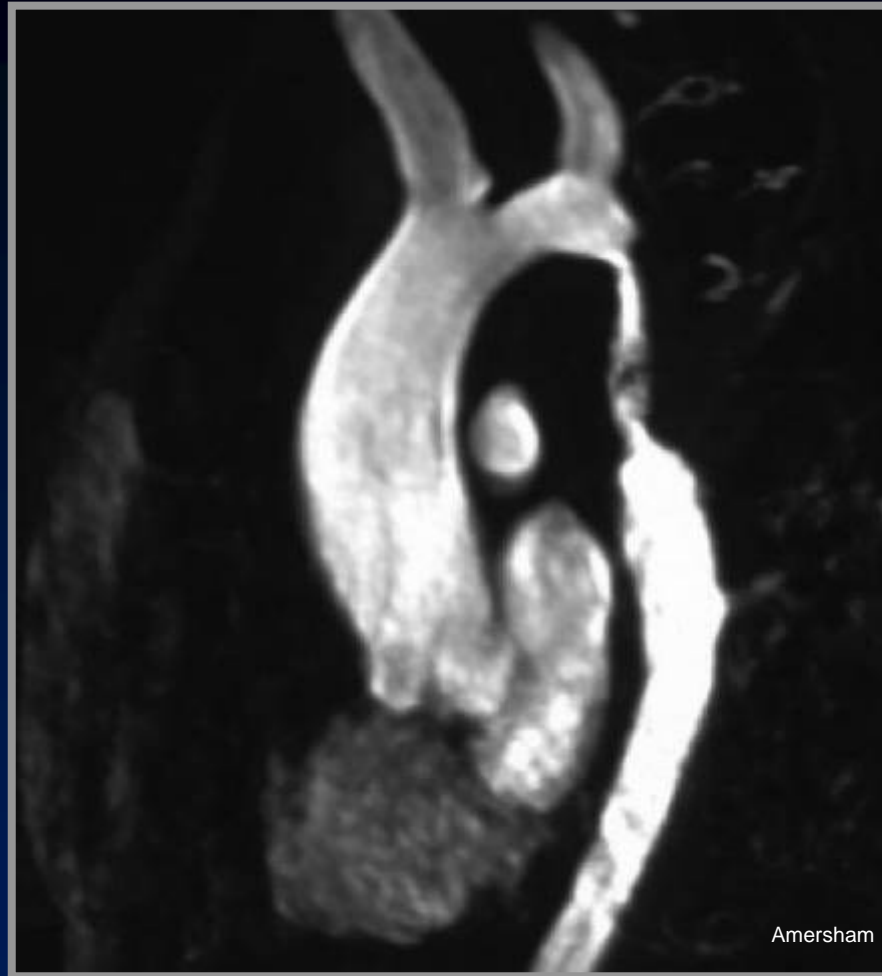
- **In infants, 2D echo can demonstrate coarcts from suprasternal notch**
- **Echo helpful in excluding associated hypoplastic left heart syndrome**

# Coarctation of the Aorta

## MRI and Angiography

- MRI preferred study in children/adults
- Aortography offers greatest resolution

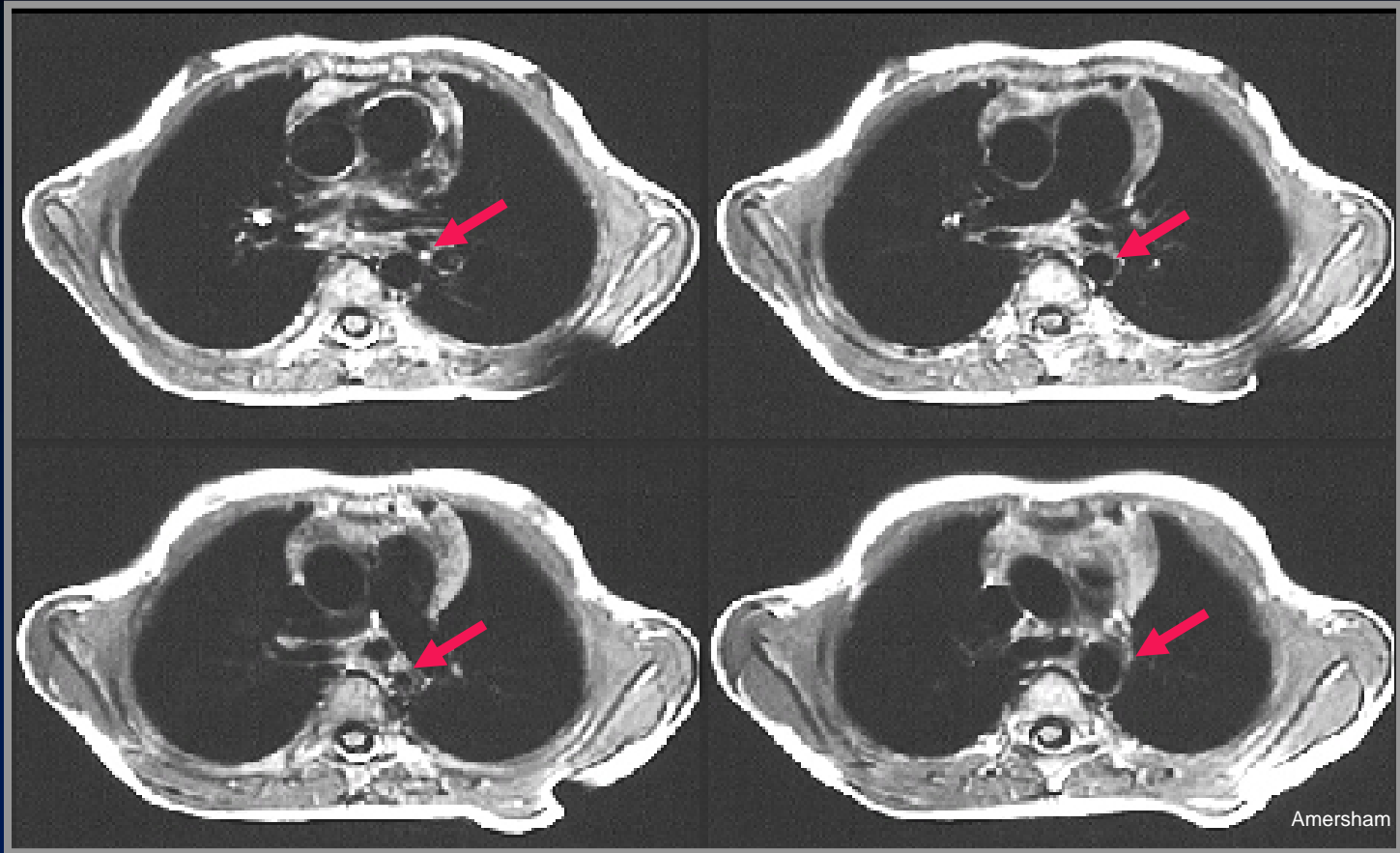




**Contrast enhanced MRA shows long segment coarctation of the aorta**



**Oblique sagittal spin-echo-Coarctation of the Aorta**



**Axial spin-echo MRI-Coarctation of the Aorta**

# Coarctation of the Aorta

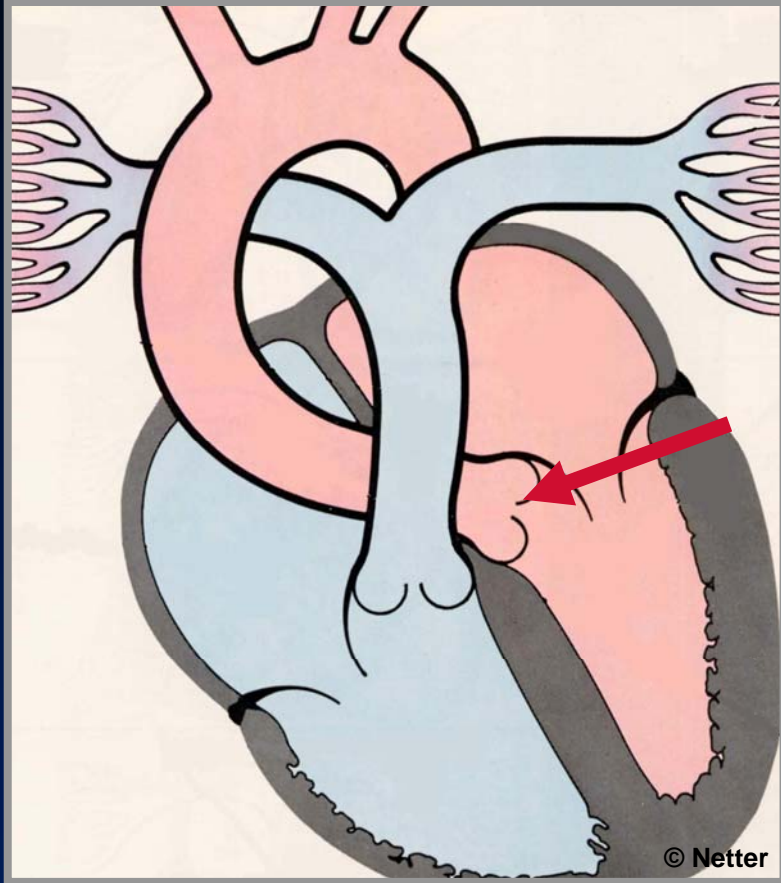
## Complications

- Heart failure in neonate
- Subarachnoid bleeds 2° ruptured Berry aneurysms
- Dissection of aorta
- Bacterial endocarditis
- Mycotic aneurysm

# Pseudocoarctation

- Buckling of aorta resembles true coarctation
- No pressure gradient (<30mmHg)
- Figure 3 sign present
- No rib notching





# Congenital Aortic Stenosis

# **Congenital Aortic Stenosis**

## **Valvular-General**

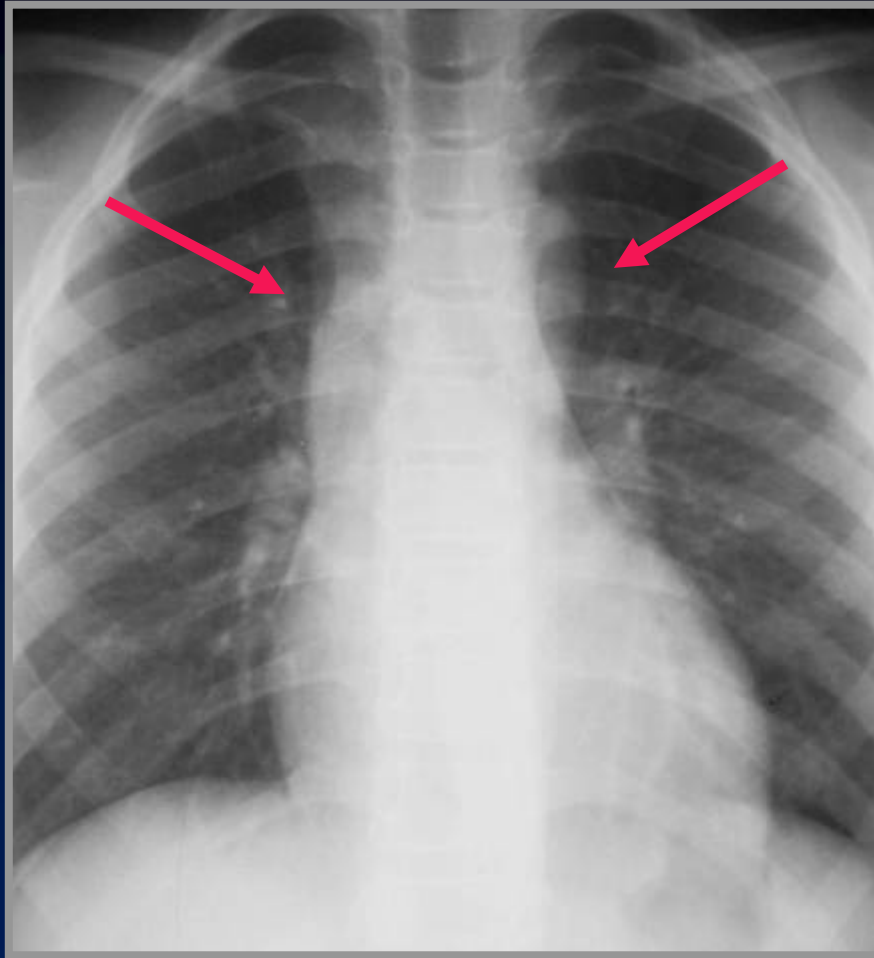
- **Bicuspid aortic valve is most common congenital cardiac anomaly (2%)**
- **Usually not stenotic in infancy**
- **Becomes stenotic when fibrosis and calcification occur**
- **About half of those with coarctation have bicuspid Ao valve**

# Congenital Aortic Stenosis

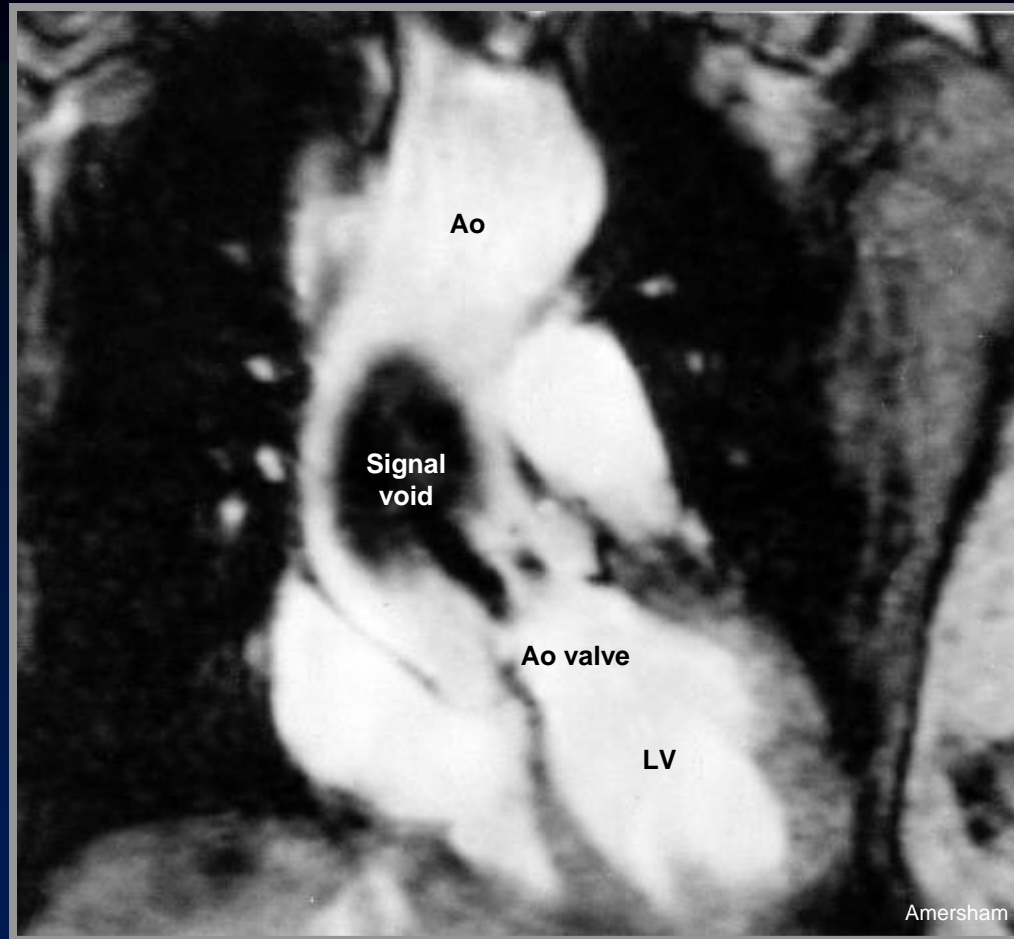
## Angiography

- **Domed and thickened leaflets in systole**
- **Two leaflets and two sinuses of Valsalva**



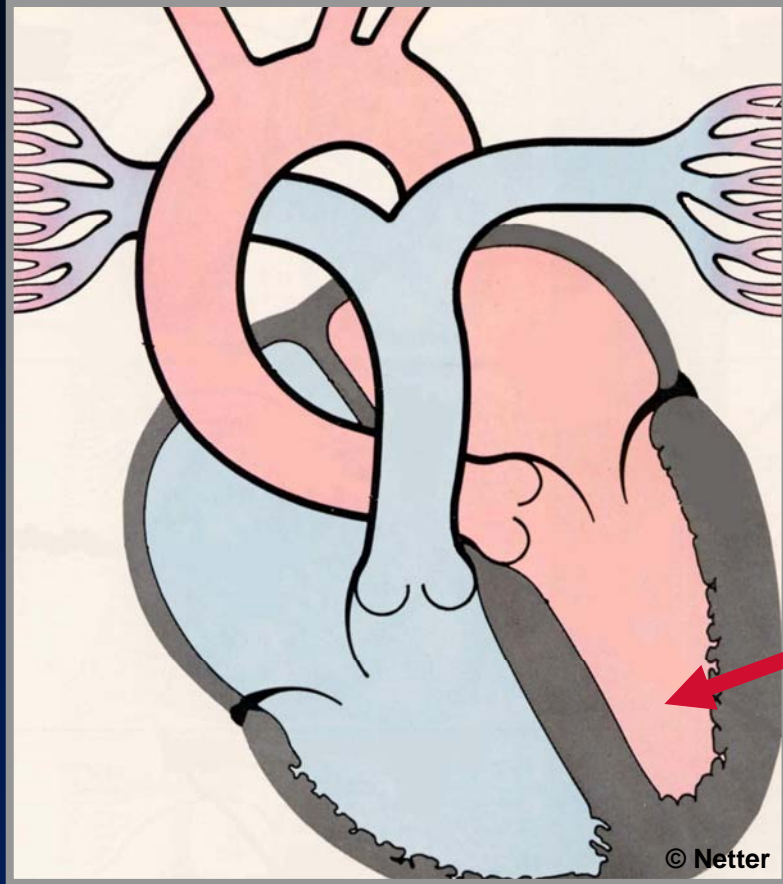


**Congenital Aortic Stenosis (10 yo)**



## **Aortic Stenosis**

**Coronal cine MRI image demonstrates a systolic signal void originating at the stenotic aortic valve. Ascending aorta is dilated**



# Hypoplastic Left Heart Syndrome

**Aortic Atresia**

# Hypoplastic Left Heart Syndrome

## General

- Most common cause of death from cardiac cause during first week of life
- Common clinical expression of this lesion is CHF in first week of life
  - Usually cyanotic
- Heart is enlarged in most

# Hypoplastic Left Heart Syndrome

## General

- **Small ascending aorta**
  - Common to all forms
  - Sometimes infantile coarctation
- **Often associated mitral stenosis or atresia or aortic stenosis or atresia**
- **In 90%, size of LA and LV small**
- **A large PDA is essential**
  - VSD, ASD also present

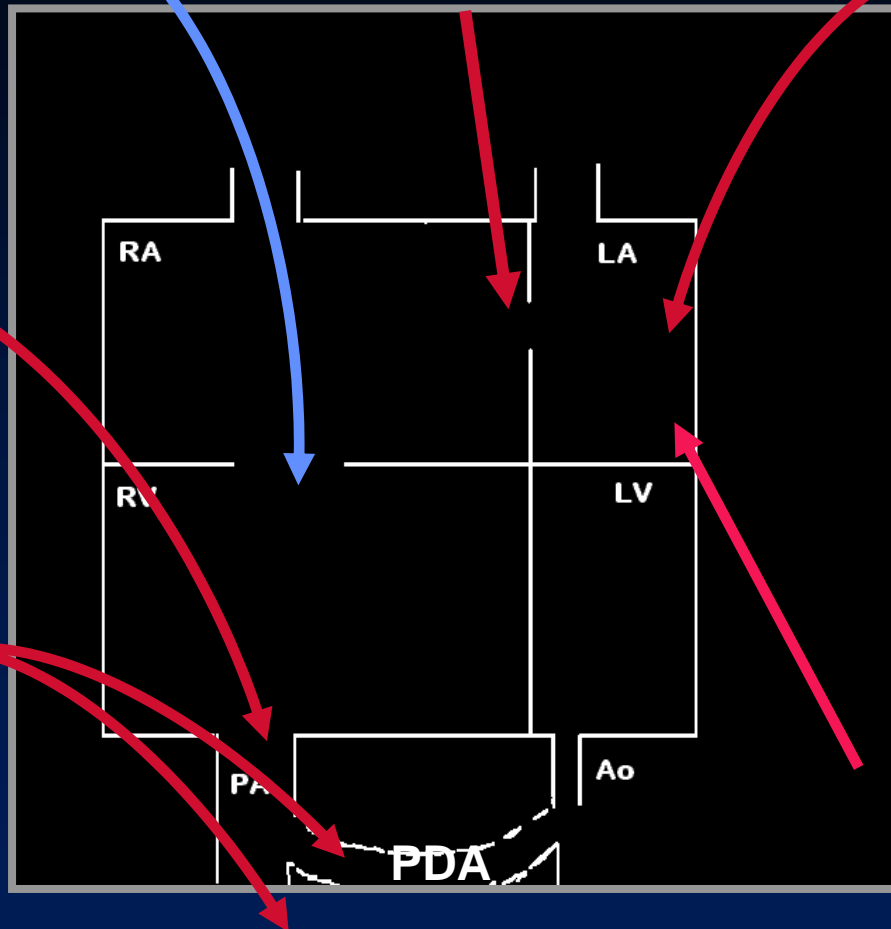


RA, RV and PA are enlarged

Oxygenated and deoxygenated blood enter PA

Blood passes through PA → lungs and into large PDA → aorta → to body

Passes to RA via ASD (L → R shunt)



Oxygenated blood returning from lungs can not enter LV

Obstruction to return of blood from lungs → CHF

**Hypoplastic Left Heart Syndrome**

**Cyanotic**

# **Hypoplastic Left Heart Syndrome Pathophysiology**

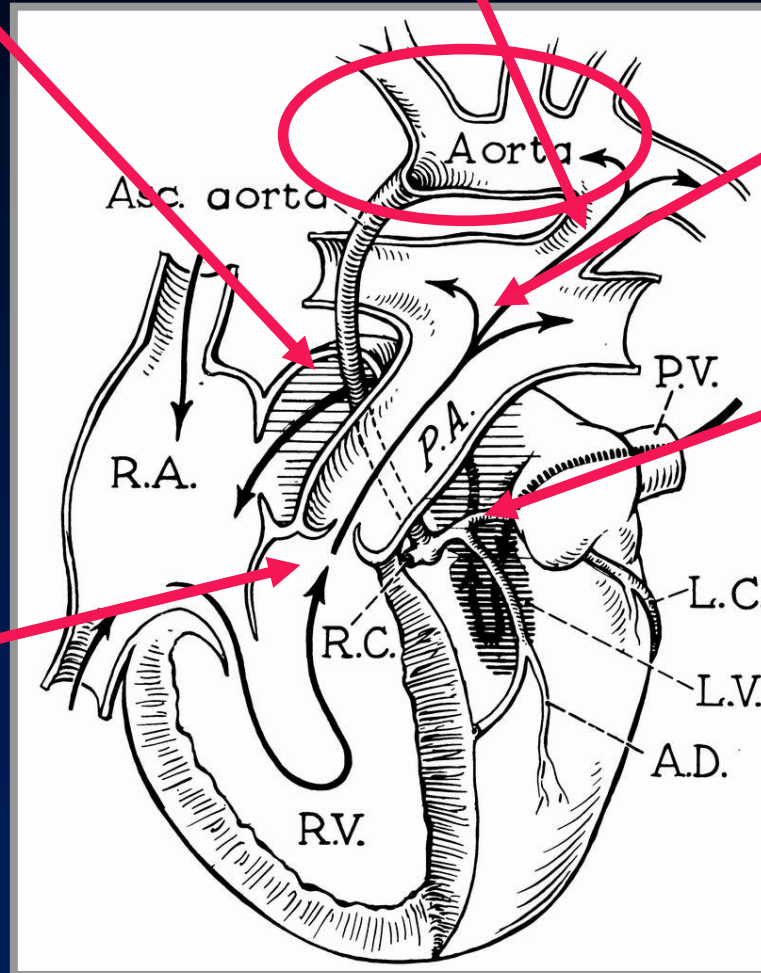
- **Since outflow tract from L heart is small, aerated blood always shunted**
- **Large PDA needed to get aerated blood to body**
- **Blood to head, arms and coronaries flows through PDA, then backwards through arch**

Need L → R  
shunt  
through ASD  
to get blood  
out of LA

Some blood passes  
through large PDA to  
aorta and out to body

Some  
deoxygenated  
blood goes to  
lungs

Blood  
returning from  
body mixes  
with  
oxygenated  
blood from LA;  
passes into PA

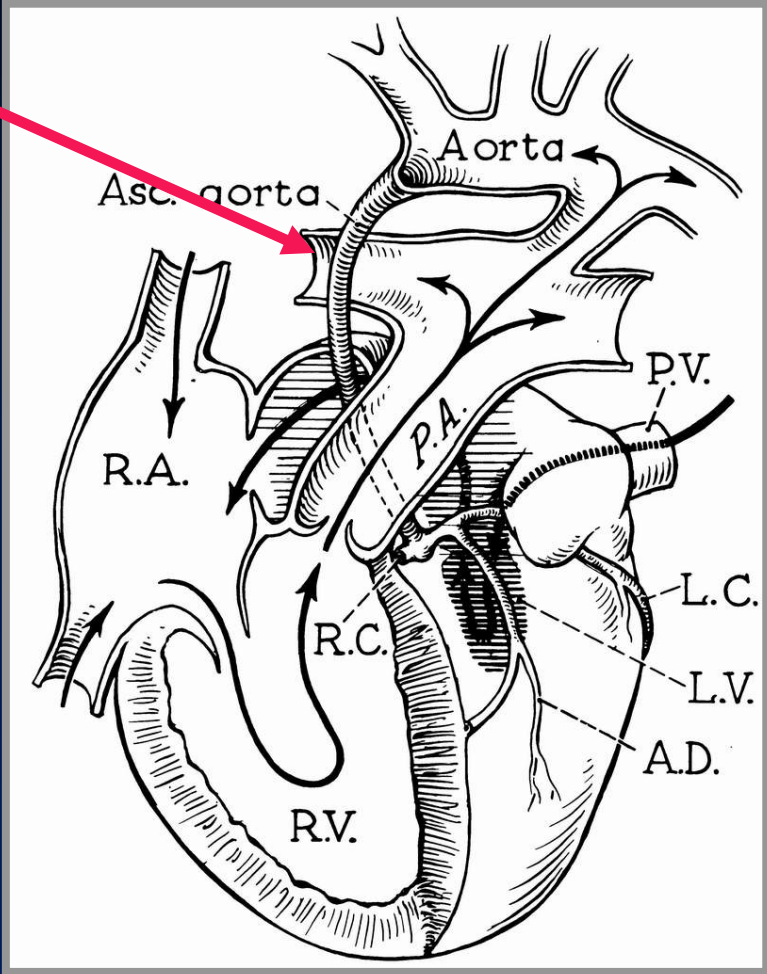
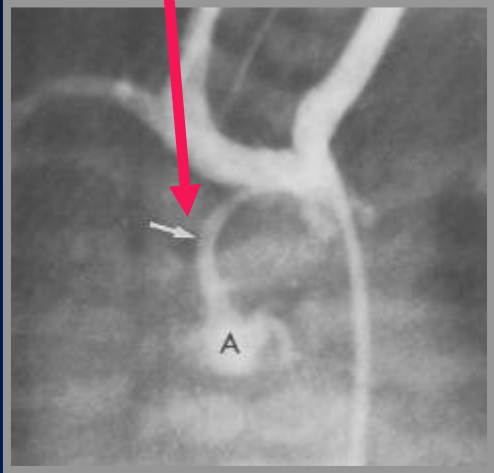


Blood  
returning  
from lungs  
can not exit  
LA to LV  
because of  
atretic mitral  
valve

**Hypoplastic Left Heart Syndrome**

# Hypoplastic Left Heart Syndrome

Atretic aorta



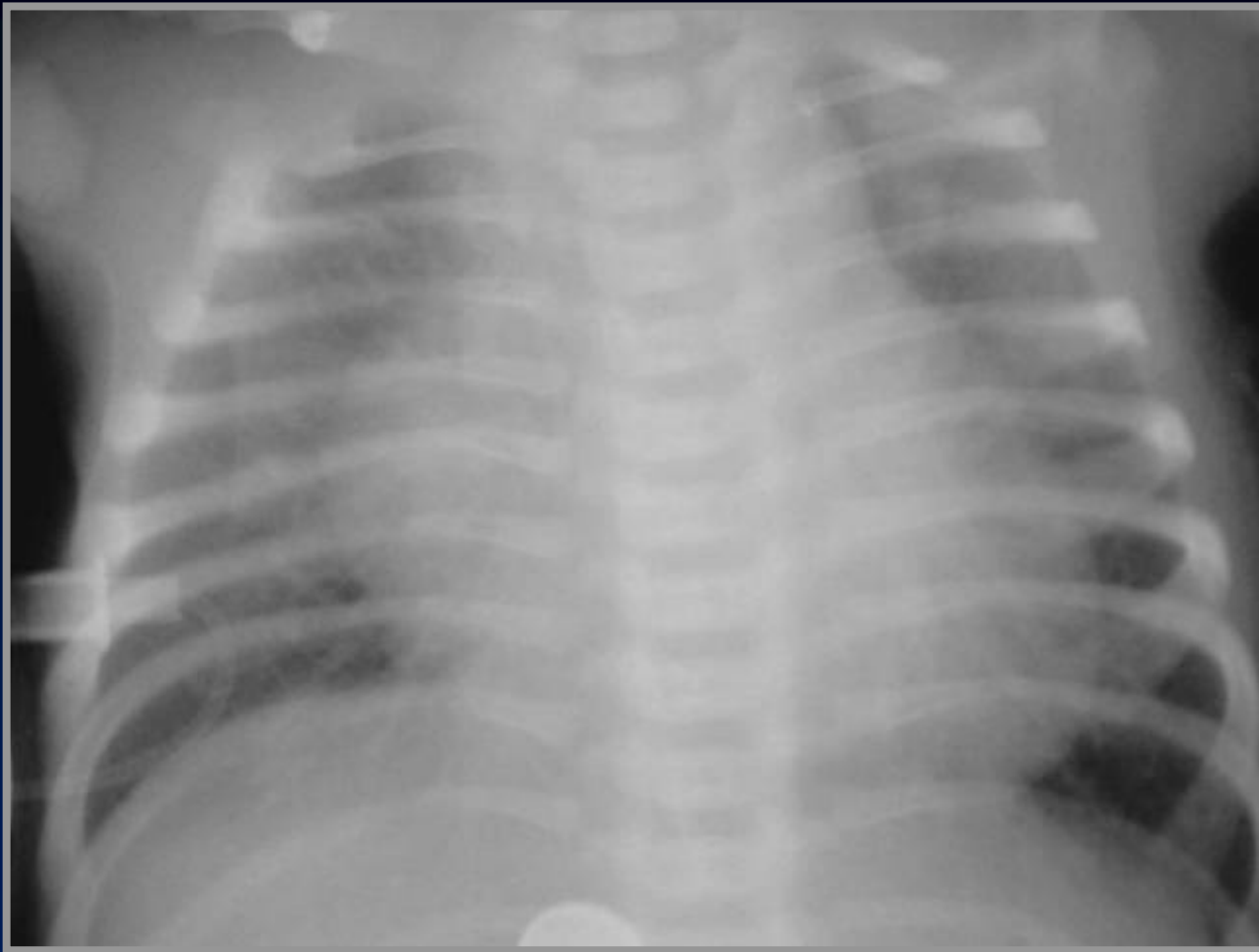
# **Hypoplastic Left Heart Syndrome Associated Anomalies**

- **Coarctation of the aorta**
- **Interruption of the aortic arch**
- **AV communis**
- **Anomalies of the R subclavian artery**
- **Bicuspid aortic valve**

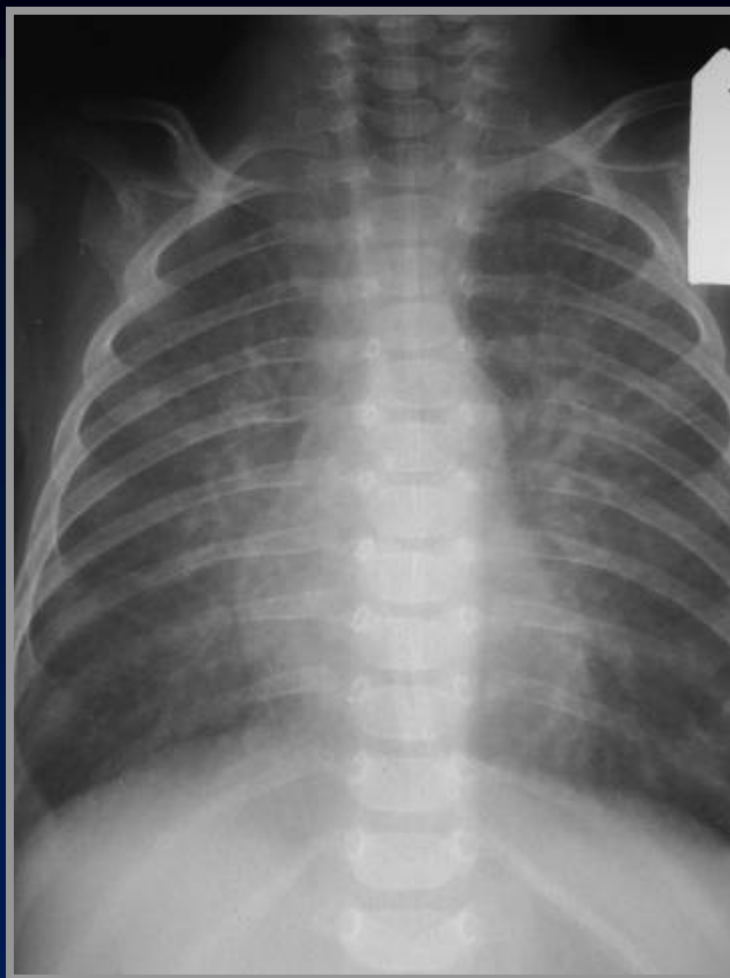
# Hypoplastic Left Heart Syndrome

## X-ray Findings

- Increased load on RV → marked cardiomegaly at birth
- Obstruction to return of blood from lungs → CHF at birth
  - Most common cause of CHF in first two weeks of life

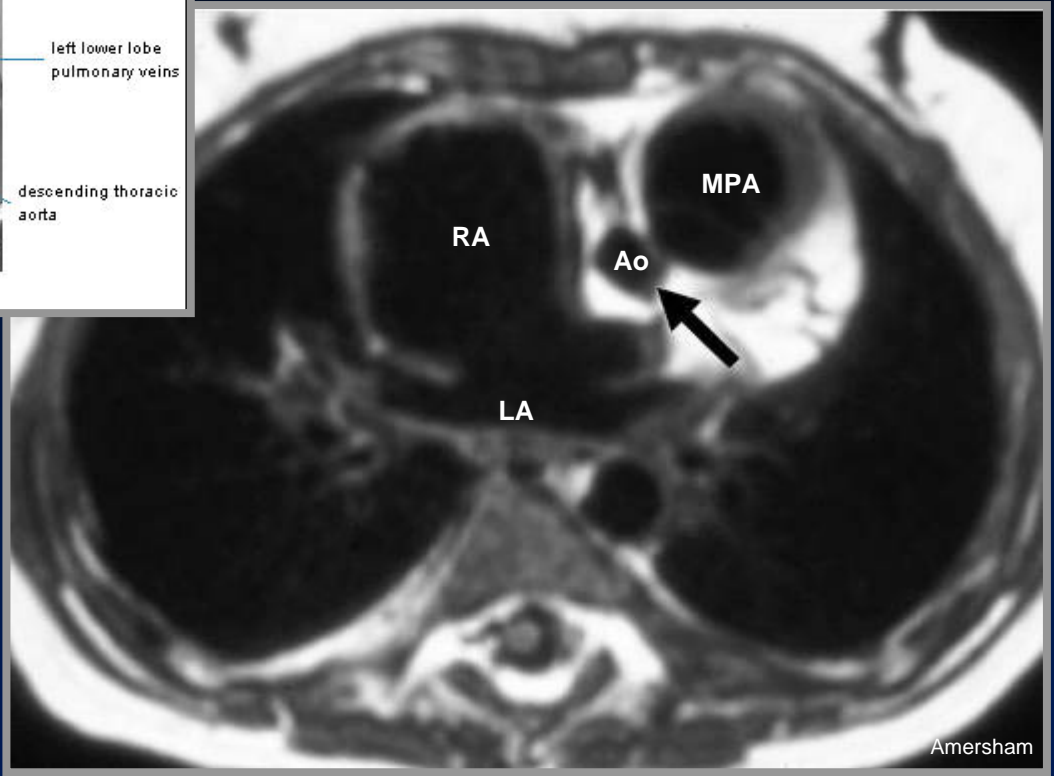


**Hypoplastic Left Heart Syndrome**



**Hypoplastic Left Heart Syndrome**



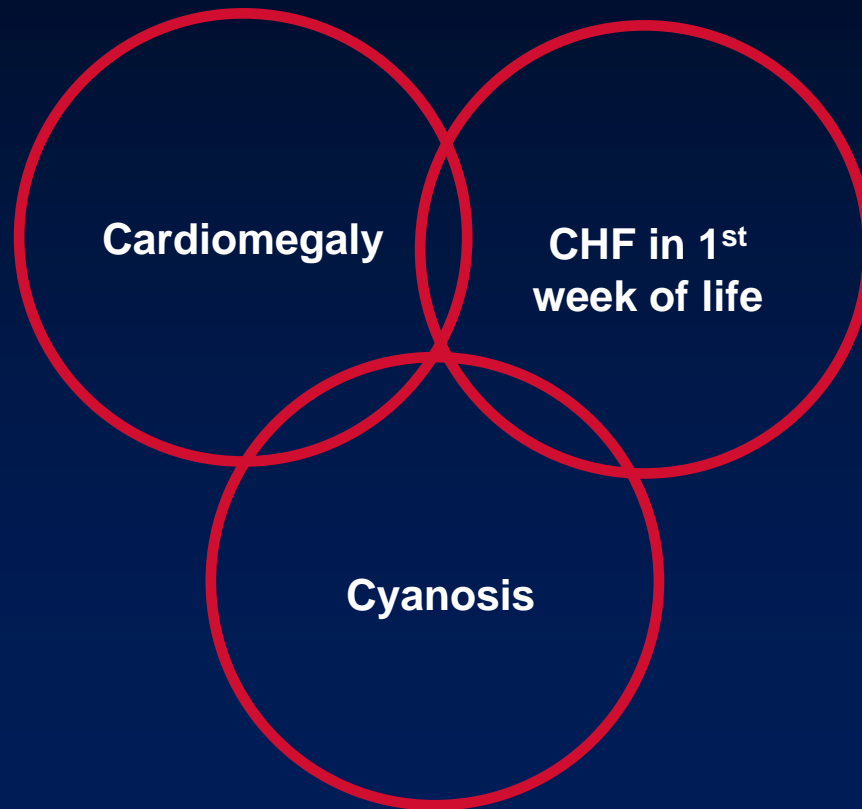


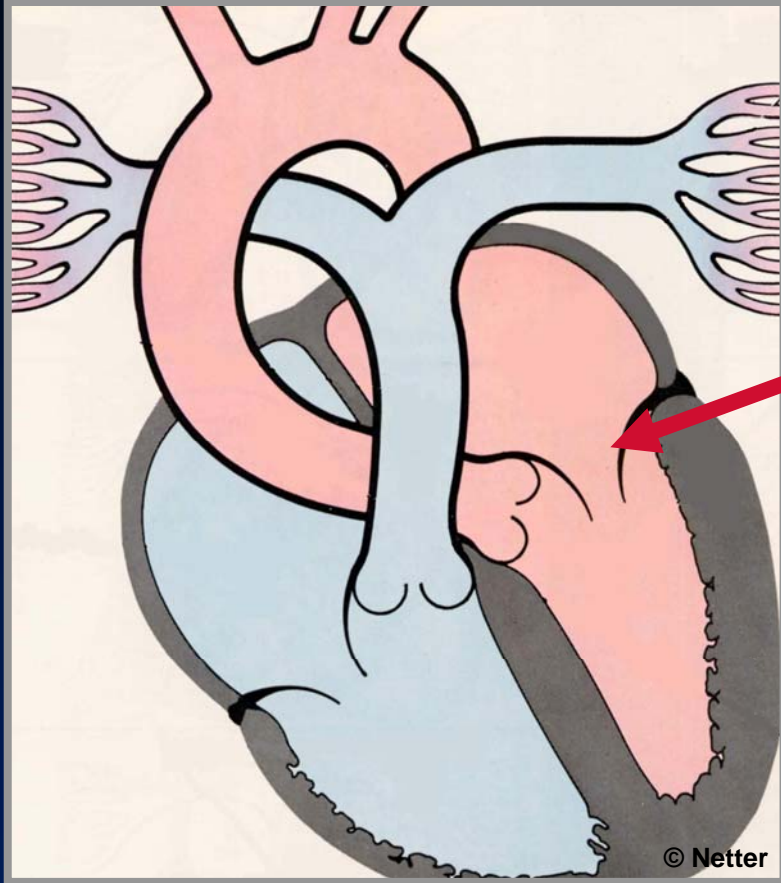
**Hypoplastic Left heart Syndrome**  
**Gated spin echo at base of heart shows hypoplastic aorta**  
**(arrow) posterior and right of main pulmonary artery**

# Hypoplastic Left Heart Syndrome Diagnosis

- Diagnosis can be made by echo
- Catheterization may be hazardous
  - Spasm of PDA during cath can → death

# Hypoplastic Left Heart Syndrome Triad





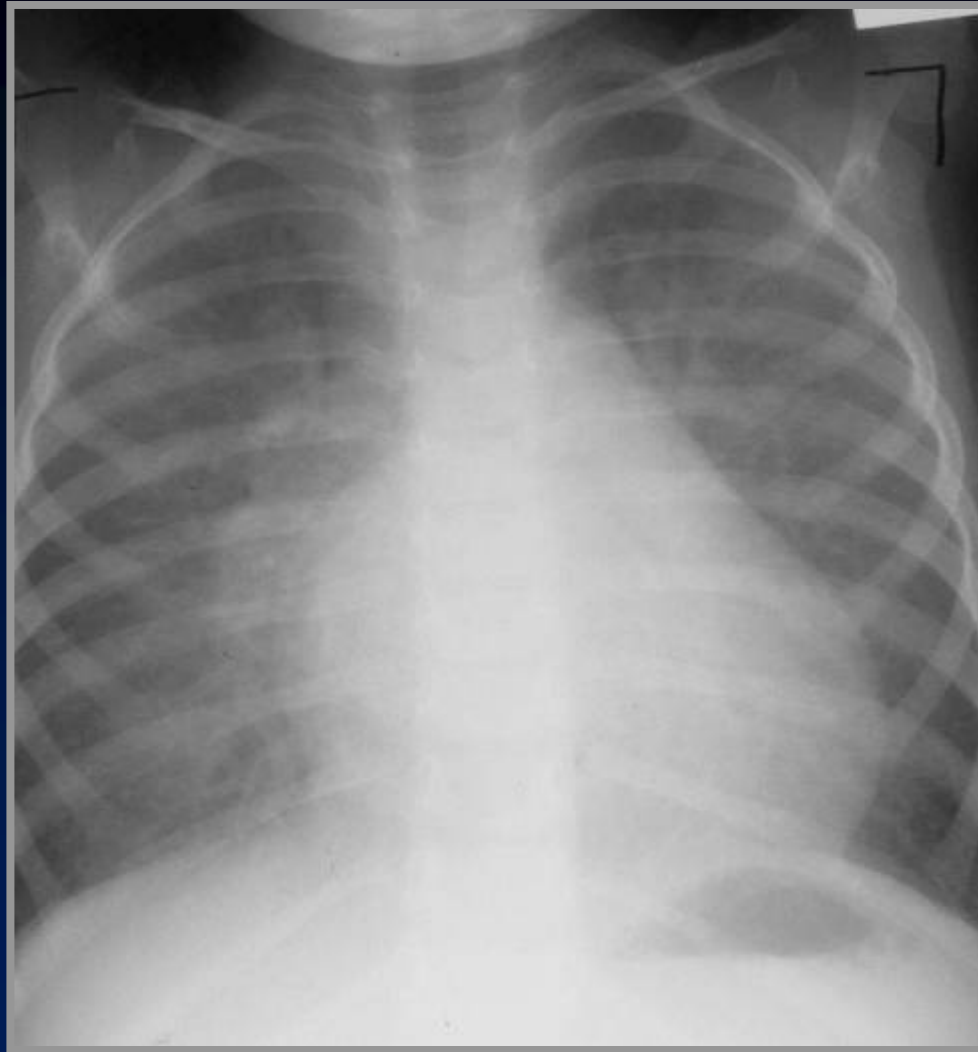
# Congenital Mitral Stenosis

# Congenital Mitral Stenosis

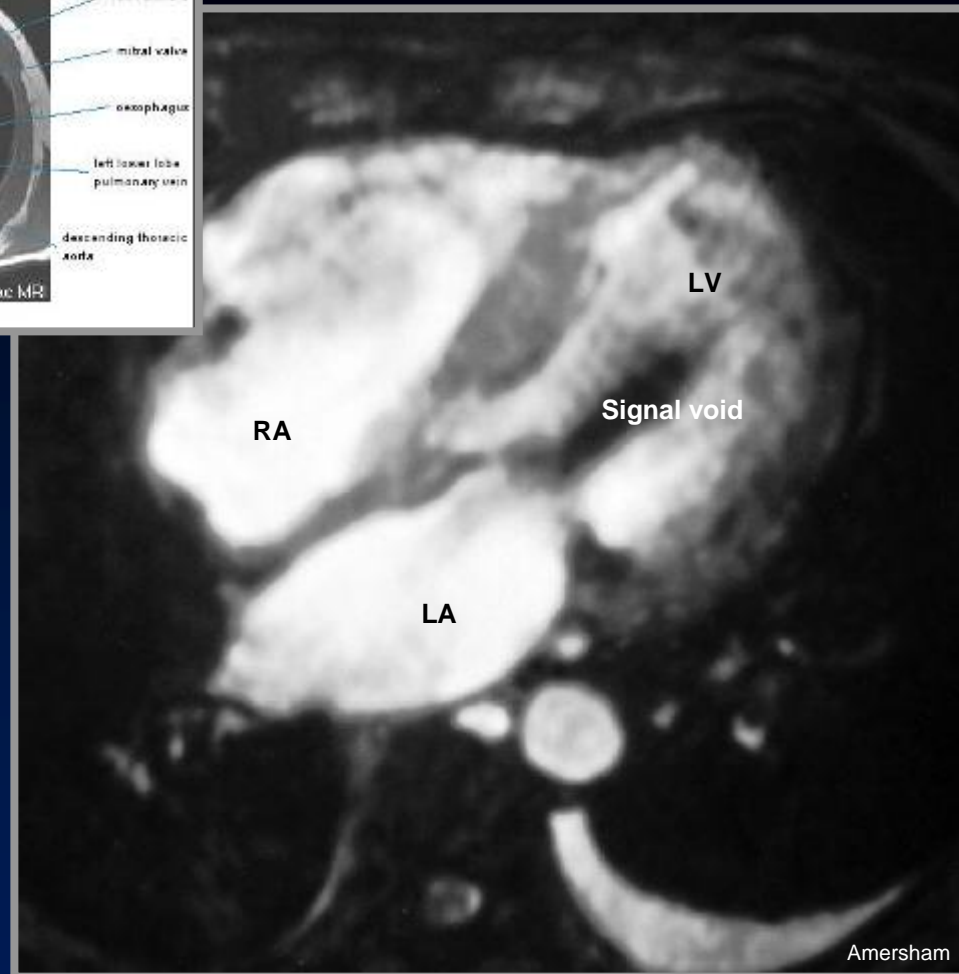
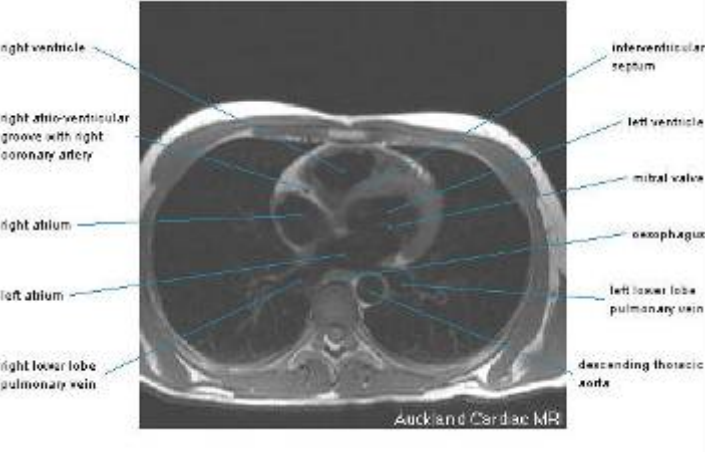
- **Exists as isolated abnormality 25% of time**
- **Coexists with VSD 30% of time**
- **Coexists with another form of left ventricular outflow obstruction 40% of time—SHONE'S Syndrome**

# Shone's Syndrome

- Parachute mitral valve
- Supravalvular mitral ring
- Subaortic stenosis
- Coarctation of aorta

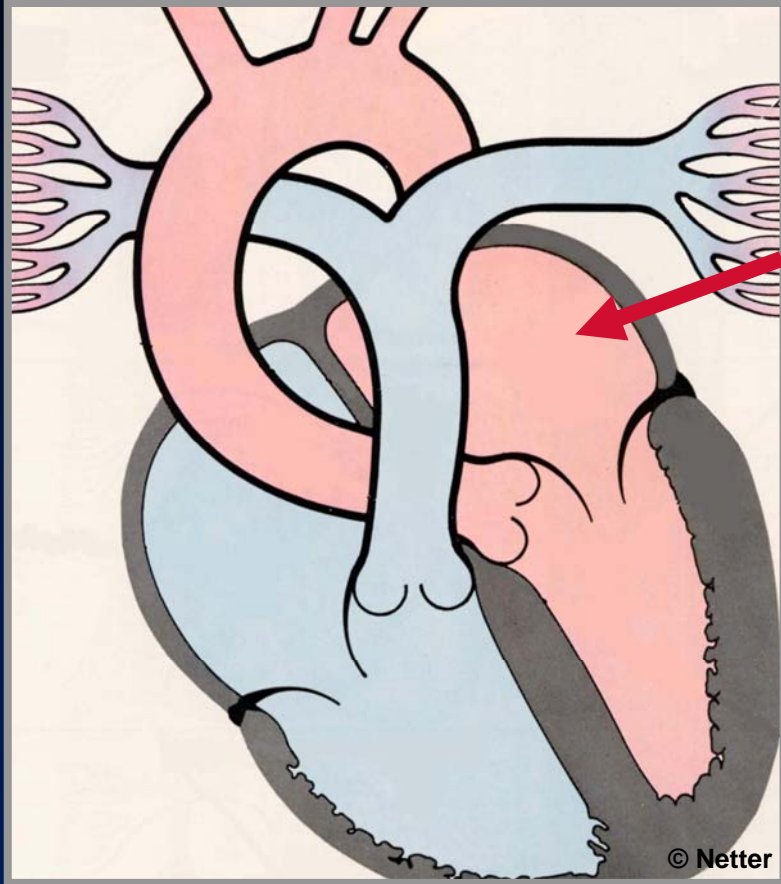


**Congenital Mitral Stenosis**



**Cine MR image in axial plane demonstrates a diastolic signal void emanating from the mitral valve indicative of mitral stenosis**

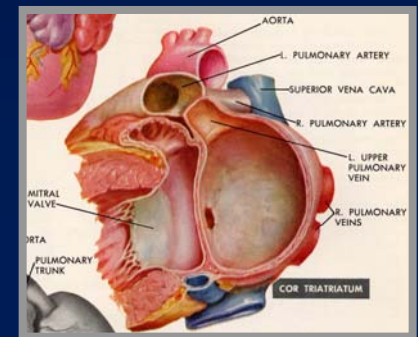




# Cor Triatriatum

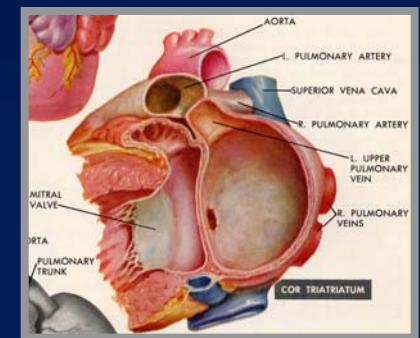
# Cor Triatriatum General

- Rare congenital anomaly
- Fibromuscular septum with single, large, opening separates embryonic common pulmonary vein from left atrium



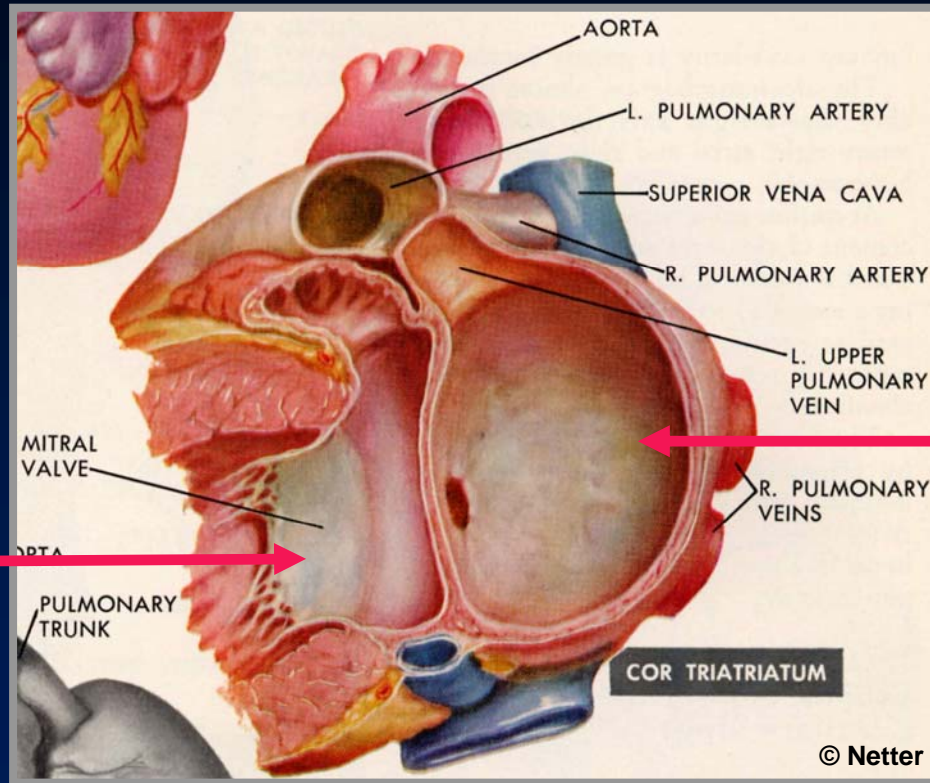
# Cor Triatriatum Anatomy

- Proximal, accessory chamber lies posteriorly and receives pulmonic veins
- Distal, true atrial chamber lies anteriorly, emptying into left ventricle through mitral valve



# Cor Triatriatum

Distal, true atrial chamber lies anteriorly and contains mitral valve



Proximal accessory chamber lies posterior and receives pulmonary veins

# Cor Triatriatum

## Associations

- ASD
- PDA
- Anomalous pulmonary venous drainage
- Left SVC
- VSD
- Tetralogy of Fallot

# Cor Triatriatum

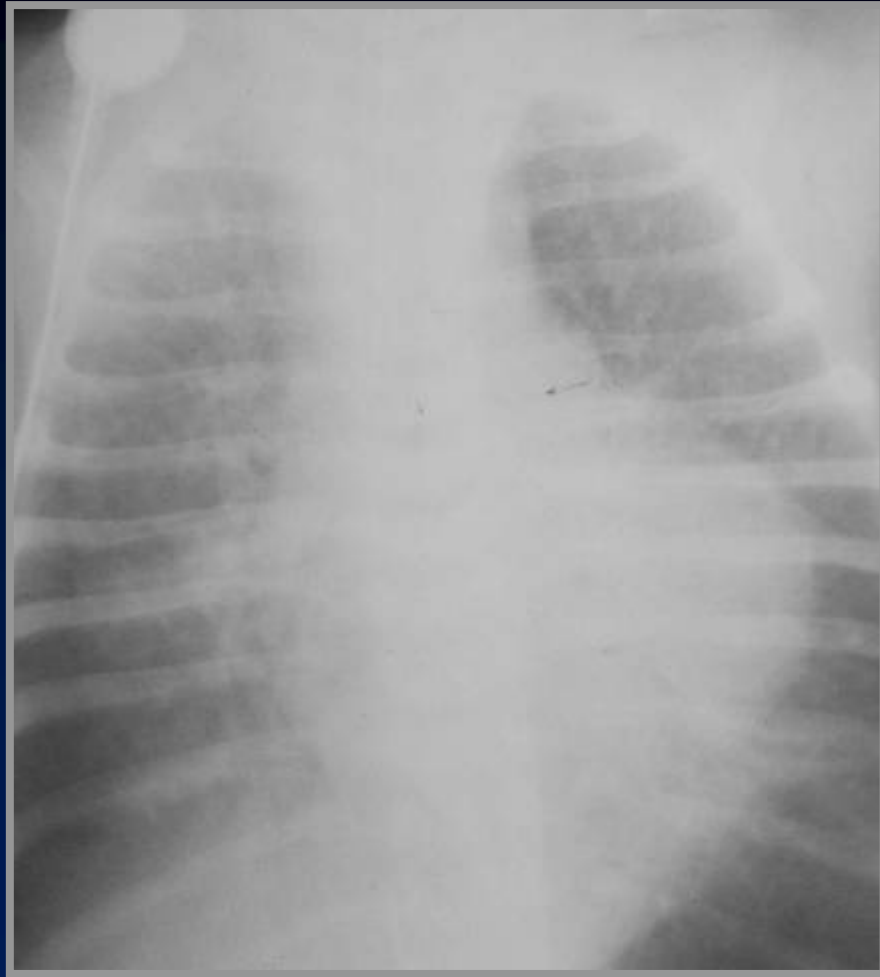
## Clinical

- Clinically similar to mitral stenosis
- Dyspnea
- Heart failure
- Failure to thrive

# **Cor Triatriatum**

## **X-ray Findings**

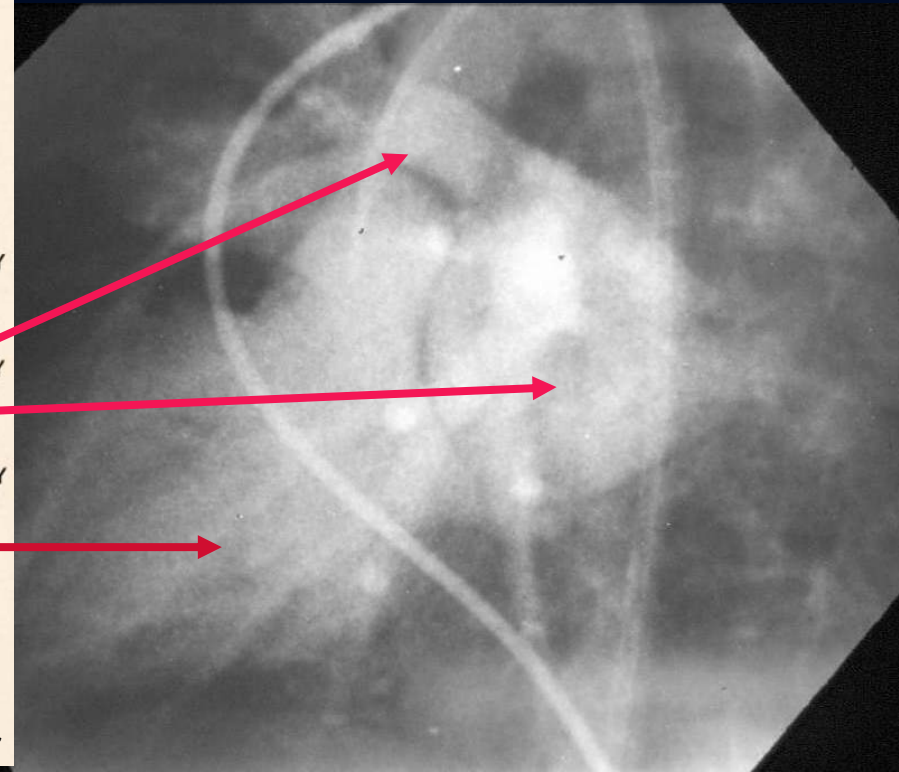
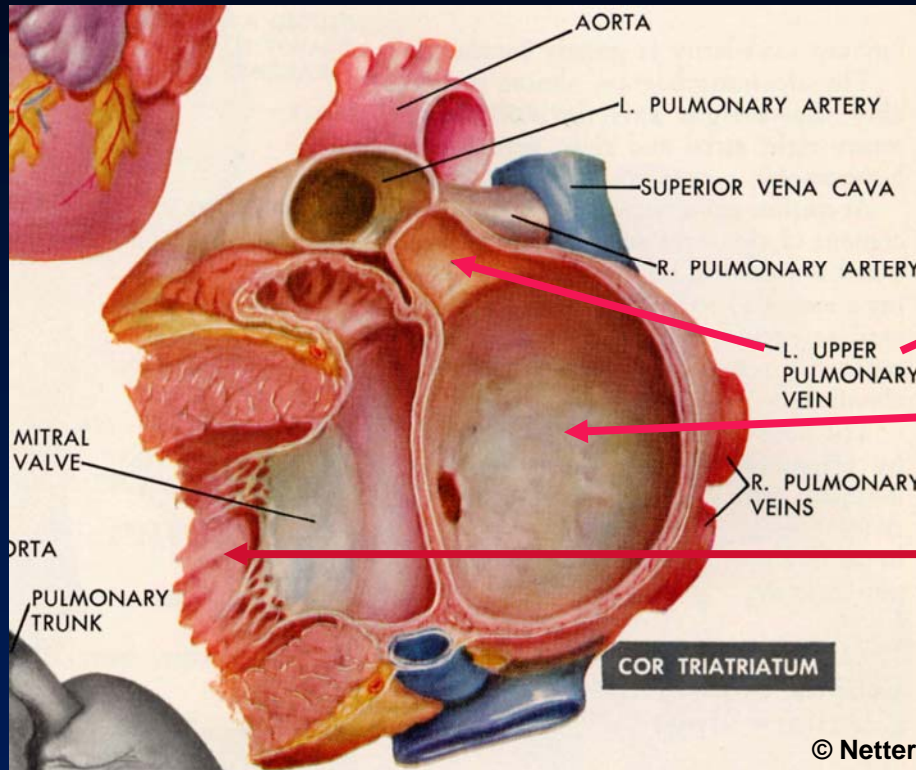
- **Pulmonary edema**
- **Enlarged LA**

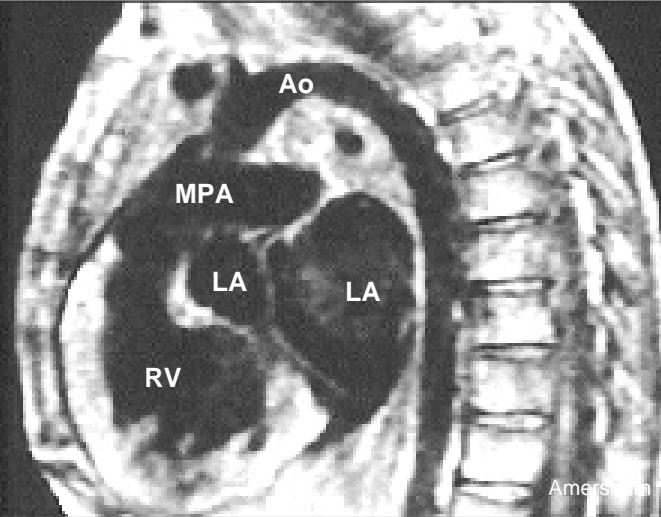
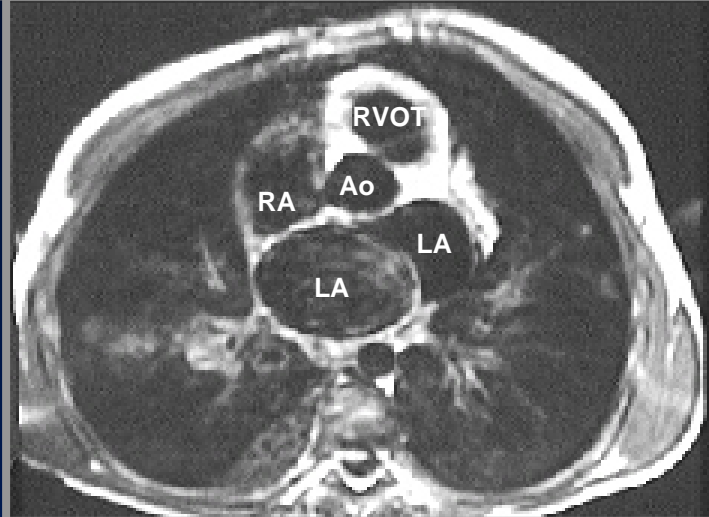
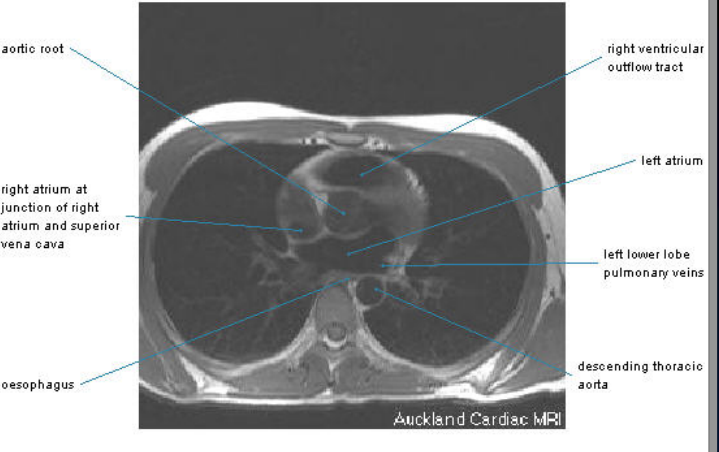


**Cor Triatriatum**



# Cor Triatriatum - angiography





# Cor Triatriatum

# Cor Triatriatum

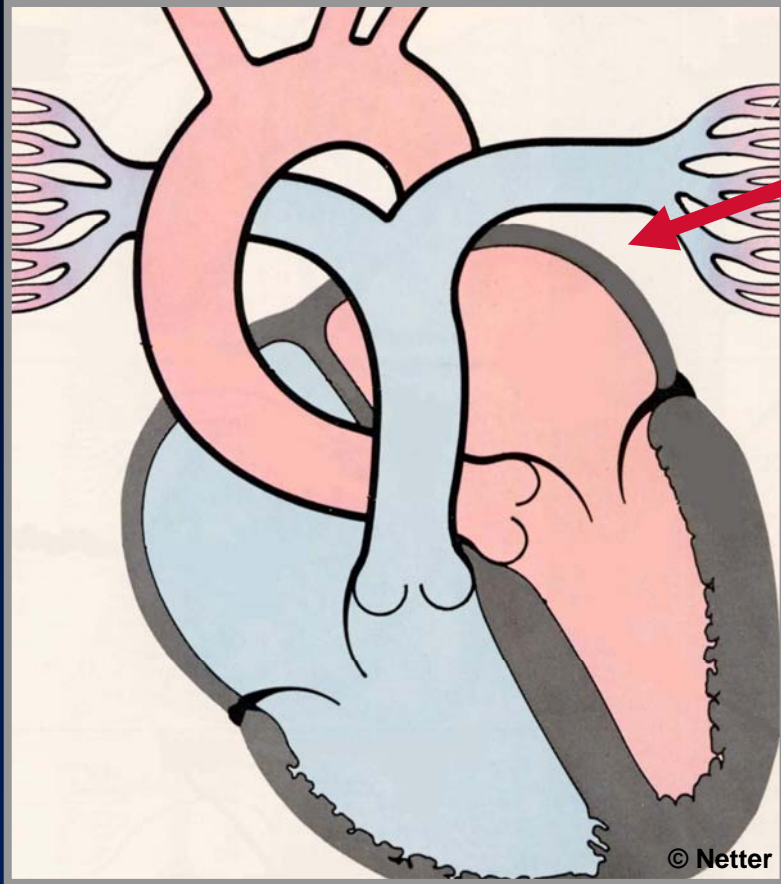
## Treatment

- **Surgical excision of obstructing membrane**

# Cor Triatriatum

## Prognosis

- Usually fatal in first 2 years of life
  - Associated abnormalities



# Obstruction Of the Venous Return from the Lungs

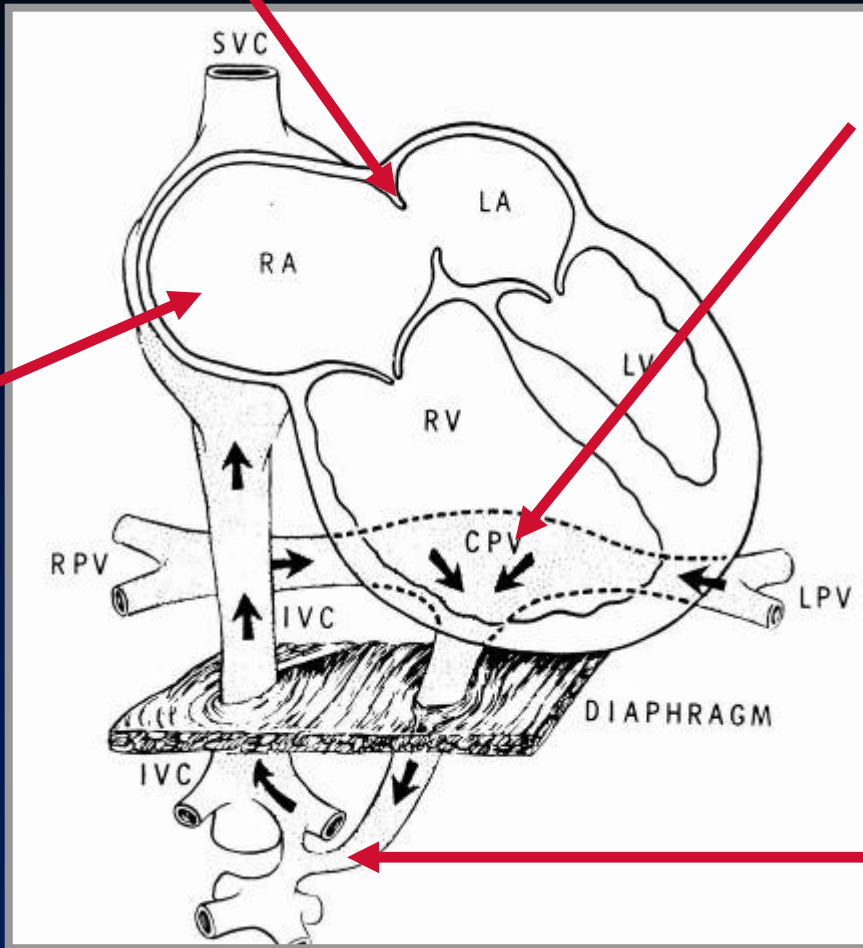
TAPVR from below  
Diaphragm

# **TAPVR**

## **Infracardiac Type—Type III**

- **Percent of total: 12%**
- **Long pulmonary veins course down along esophagus**
- **Empty into IVC or portal vein (more common)**
- **Vein constricted by diaphragm as it passes through esophageal hiatus**

Obligatory R → L shunt to carry oxygenated blood to body



Oxygenated blood returns to RA

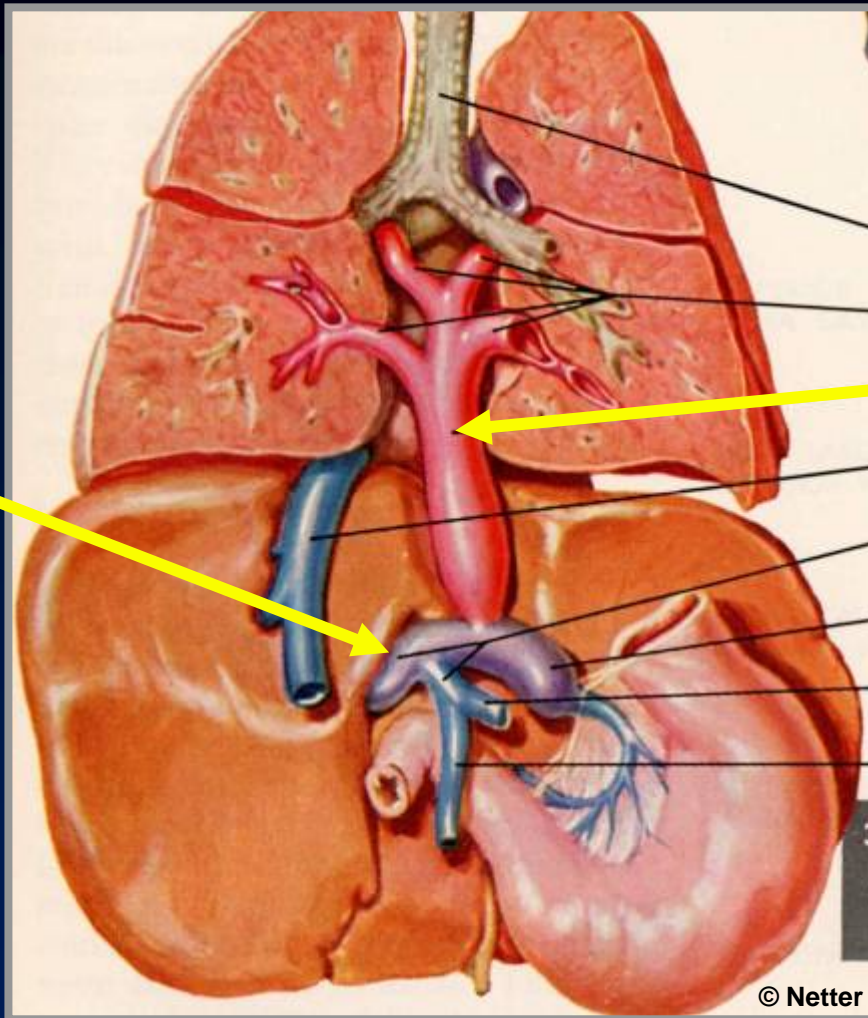
Blood returning from lungs → pulmonary veins which are constricted by diaphragm → CHF

Pulmonary veins empty into portal vein or IVC

## TAPVR-Type III-Infradiaphragmatic



**Portal vein**

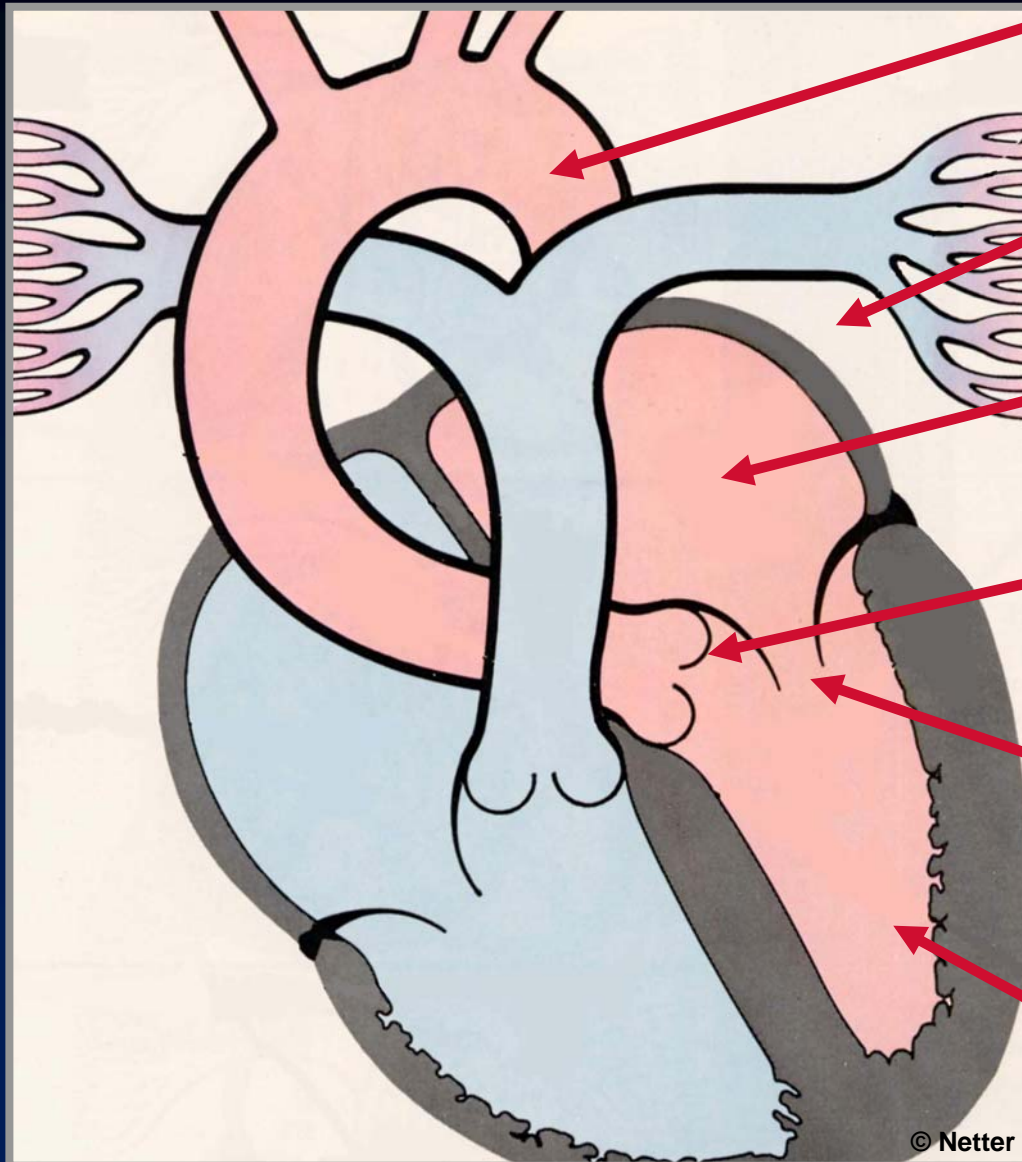


**Pulmonary  
veins**

**TAPVR-Type III-  
Infradiaphragmatic**



# Causes of CHF in the Newborn



**Coarctation of the Aorta**

**Obstruction to venous return from lungs**

**Cor Triatriatum**

**Congenital Aortic Stenosis**

**Congenital Mitral Stenosis**

**Hypoplastic Left Heart**

**The End**